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2017 Official Visitor Guide



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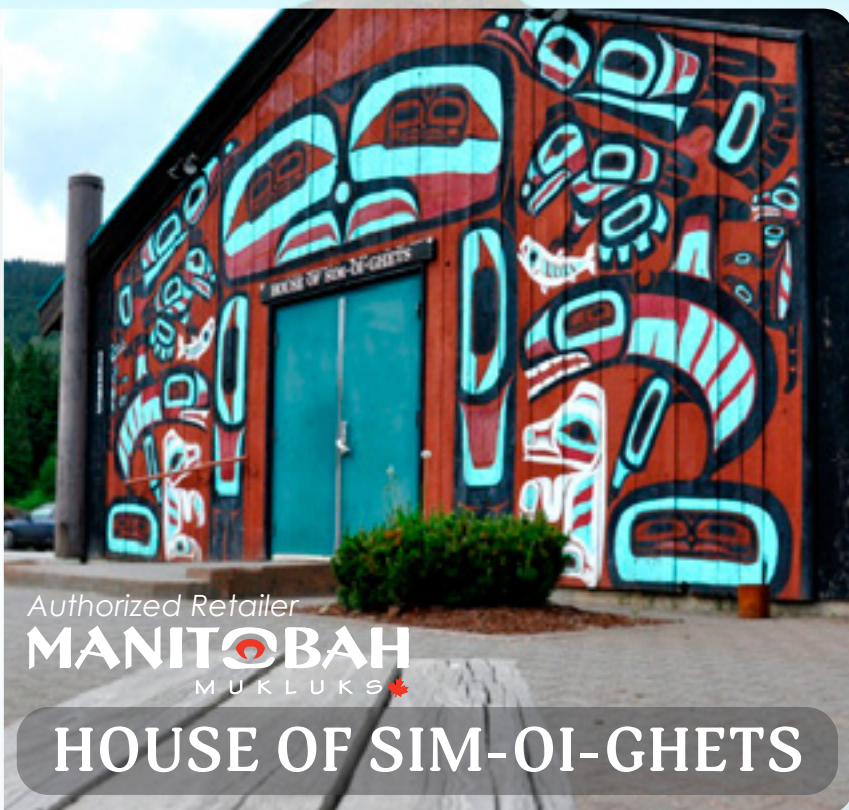
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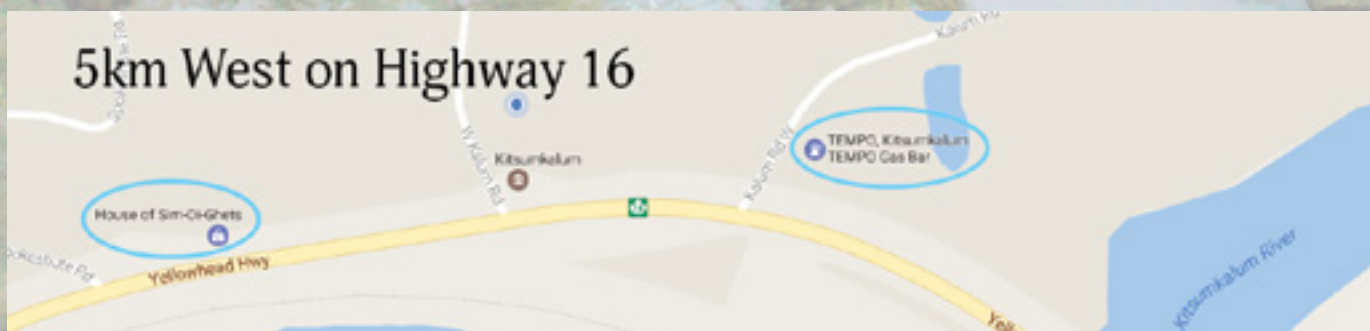
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2017 Official Visitor Guide

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A Message from the Mayor of Terrace

On behalf of Council and the people of Terrace, I would like to extend our warmest welcome and invite you to visit our spectacular community to see why Terrace is considered the heart of Northwest BC.

Our beautiful city, a jewel ringed by mountains, gets its name from the terraces carved by glaciers that moved through the Skeena River Valley thousands of years ago. The First Nation people of the area are one of the oldest populations still occupying the same land as their ancestors, which is why our community is so rich in Aboriginal history, culture and art.

Terrace boasts year-round recreational opportunities for the whole family. The choices are endless: world-class fishing on the Skeena River, hiking trips through the backcountry, cycling along city paths or mountain biking down steep

terrain. Go golfing at the base of a majestic mountain, raft down a raging river, or ski exhilarating slopes or along peaceful Nordic trails.

Terrace embodies the spirit of super, natural British Columbia. We're proud of our small town roots and heritage but we also deliver on all the amenities visitors desire, from modern retail businesses, restaurants, and a thriving arts community to the largest Farmers' Market in Northern BC.

With the unsurpassed beauty of the area, together with a vibrant, growing community, living here all comes down to quality of life. Whether you stay for a day or make Terrace your new home, you'll find a welcoming community and discovery in every direction.

Mayor Carol Leclerc, City of Terrace

MAYOR CAROL LECLERC



A Message from the Tourism Manager & Board of Directors

On behalf of the Board of Directors and Visitor Info staff, welcome to Terrace!

Whether you are visiting for the first time, returning to see family and friends, or you're considering a move here, you'll find a lot to see and do throughout the year. Grab your fishing pole and drop a line in our Skeena River. Or feel your adrenalin surge with a day of skiing at Shames Mountain or exploring our backcountry. If you want local insight on hiking trails, outdoor activities, ideas for sights or restaurants to visit, come to our local Visitor Info Centre located at 4511 Keith Avenue. Our staff love to share their favorite spots.

A special thank you to the businesses that advertise with us and support this guide! Thanks also to the photographers who donate their art to help us showcase our community to you. This local support allows us to offer you up-to-date information and show you why we love Terrace so much, and why we think you will too!

Stay connected with us! Find us on Facebook and Twitter (search "Visit Terrace"). Ask questions, share photos and stories, show us why YOU love visiting Terrace!

See you soon,
Christine Slanz, Tourism Manager



Welcome to Terrace

As the sun hits the highest snow-capped mountain peaks and descends into the valleys, illuminating the moss-drenched rainforest and glacial rivers, you know you have arrived in an extraordinary place. This is where the First Nations' legends come alive, the legendary white Kermodei Bear roams free, and the world-class fishing experiences draw anglers from around the world.

Our story is one of hiking and biking trails, world-class fishing, epic powder, authentic First Nations arts and culture, and friendly people. Majestic mountains, spectacular lakes, abundance of wildlife, stunning landscapes, and days filled with adventure create the perfect backdrop for your visit to Terrace. The options are endless.

Terrace is the 'hub' of the Northwest – a natural meeting place of rivers, highways and people! This is the place to re-stock your supplies, fill up on fuel and enjoy the local flavours and amenities that the city has to offer. In the summer months, experience the Skeena Valley Farmers' Market – the largest in northern British Columbia, enjoy the live music at George Little Park, explore our endless mountain and lakeside trails. In the winter, enjoy epic powder at Shames Mountain, Nordic skiing at Onion Lake, snowmobiling on our local mountains, skating and ice fishing on our frozen lakes.

We invite you to enjoy all the wonders that Terrace has to offer.

Facts about Terrace

- ▶ The Skeena River is North America's largest un-dammed river and second longest river in BC with up to 5 million spawning salmon a year
- ▶ The City of Terrace gets its name from the terraces or benches rising up from the Skeena River in this section of the valley
- ▶ World-record catch: In 2001, a German visitor landed a 44.91 kg (99 lbs) Chinook Salmon on the Skeena River.
- ▶ Shames Mountain is owned and operated by My Mountain Co-op, Canada's first non-profit ski community cooperative
- ▶ The world's tallest cedar pole of 50 metres (162 feet) was cut in Terrace and is currently standing in New York City.
- ▶ Terrace's Shames Mountain as described in Powder Magazine: "Shames receives 475 inches of annual snowfall, laying claim to one of the deepest, most consistent snow packs in North America and its backcountry access is unrivalled."

Getting Here

BY VEHICLE

Driving Routes: www.hellobc.com

Hwy Conditions: www.drivebc.com

Most visitors drive Highway 16 to Terrace to take advantage of the incredible scenery along the way. Driving to Terrace from Vancouver, Calgary, or Edmonton is a must for anyone whether it's your first time in Canada or you have lived here your whole life. Plan to take several days to allow you to maximize the time in the communities and stops along the way. Don't forget to keep your camera handy as this drive is home to more wildlife than anywhere in BC! For more info about the drive and best routes check out some of the more popular Driving and Circle Routes in BC at www.hellobc.com

Fuel and Diesel:

Most communities along the way have fueling stations for both gas and diesel, and many places where you can grab a bite to eat. It is advisable to fuel up fully when you have a chance, because the hours of operation can vary along the route.

Car Rental: Should you require a vehicle, there are many trusted car rental businesses which offer visitors a variety of options for transportation including vehicles equipped for winter driving.

BY AIR

Airport info: www.yxt.ca

Airlines: www.flycma.com

www.aircanada.ca

www.westjet.com

The Kitimat-Terrace Regional Airport is the largest in the area with regularly scheduled direct daily flights to Vancouver, and one to Prince George. Air Canada Jazz, Westjet and Central Mountain Air all provide excellent value and service at this airport.

BY RAIL

www.viarail.ca

Did you know that you can travel the length of our great country via train? VIA Rail trains pass through Terrace several times a week travelling between Prince George and Prince Rupert. Weaving in and out of the mountains and passing by raging rivers, the train allows access to wilderness sights and scenery not visible from the highway. The Via Rail station is located at the George Little House at the base of Kalum Street. Passenger trains don't run every day. Check VIA Rail's website for more information and schedules.

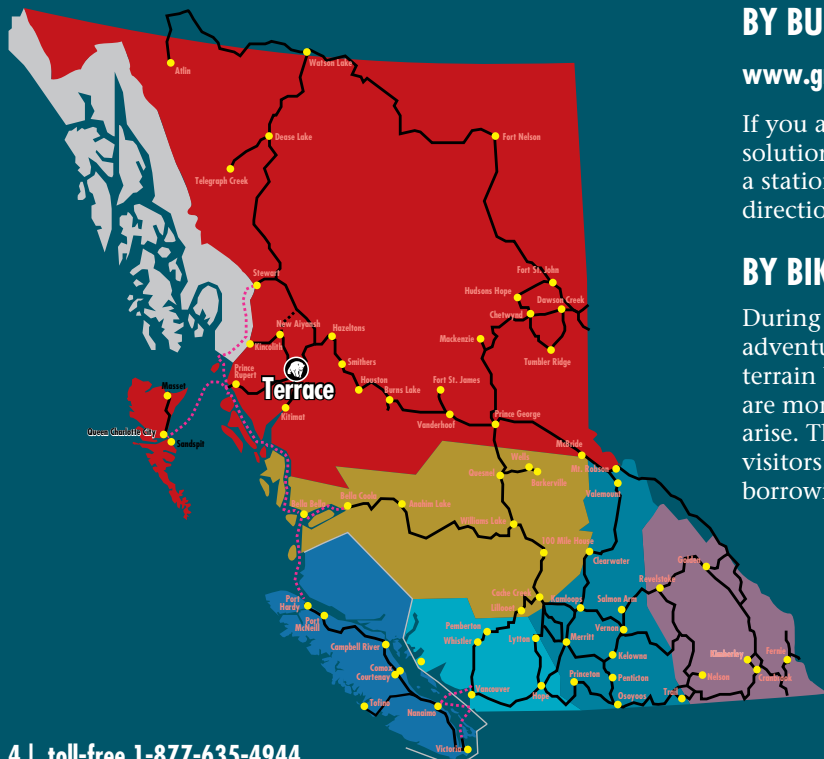
BY BUS

www.greyhound.ca

If you are travelling on a budget or looking for a simple solution to getting around in BC, Greyhound Canada has a station in Terrace with daily departures heading in all directions. Call 250.635.3680 for local schedules and fares.

BY BIKE

During the summer, many cyclists pass through town on BC adventures. It's best for bikers to thoroughly research local terrain before traveling through the area, but local bike shops are more than happy to assist should any technical difficulties arise. The Terrace Visitor Centre offers free bike rentals to all visitors and locals. Stop in at the Visitor Centre to ask about borrowing a bike.



Driving & Motorcycle Touring

Routes & Tours

Stop by the Terrace Visitor Centre for brochures, maps, road conditions and information.

Make Terrace your home base while exploring all that the area has to offer. Take in the incredible wilderness of the Nass Valley, immerse yourself in the rich Aboriginal culture, and watch for bears or moose grazing near the roadside. Whatever the route, visitors will return to Terrace with memories of the day's driving tour.

HERITAGE DISCOVERY CIRCLE

10+ days, 3479.20 km (2161.87 mi)

Discover the diverse culture of BC's Aboriginal peoples, catch the pioneer spirit on the Gold Rush Trail, journey to historic destinations and ferry through the Inside Passage. Heritage sites line this route, along with stops to see tunnels, fossils, totem poles and grizzly bears. For a truly spectacular excursion, consider taking the BC Ferry from Port Hardy on the northern tip of Vancouver Island to Prince Rupert, and stop in Terrace on your way east to Prince George. The ferry can accommodate large RV's and boats on board. This 15 hour journey takes you through the coastal BC waters and there are opportunities to see whales, eagles and the pure splendor of BC's inside passage. Summers are extremely busy on this route, so make sure you book your trip on the BC Ferries website. If you have the time, take the Alaska Ferry from Prince Rupert through the Inside Passage to southeast Alaska.

HIGHWAY 16 FROM TERRACE TO PRINCE RUPERT

Half-day, 552.11 km (343.07 mi)

Take a scenic drive from Terrace west to Prince Rupert along Highway 16 or east to Smithers on the same highway. Enjoy views of the Skeena River, waterfalls and mountain peaks.

NASS VALLEY AND LAVA BEDS

1 day, 146 km (90 mi)

A unique scenic drive and day trip is north of Terrace to the 18,000-hectare Nisga'a Memorial Lava Bed Provincial Park in the picturesque Nass Valley, surrounded by a dramatic landscape blended with the rich Nisga'a culture. From Terrace, take the Nisga'a Highway 113 north for 100 km and marvel at the majestic mountains, creeks and waterfalls. The park was the site of Canada's most recent volcanic eruption 270 years ago; the area is covered in grey and black lava, which is in turn covered with a sea green moss and new spurts of vegetation. The eruption destroyed two Nisga'a villages and killed thousands of people.

This is the heart of the Nisga'a territory and home to four Nisga'a Villages. Take the route west towards Gingolx at the edge of the Pacific Ocean, and stop by the Nisga'a Museum in Laxgalts'ap (Greenville). Or take the rugged Cranberry Connector east from New Aiyansh to Highway 37, and head south to Kitwanga and Highway 16, or north to Stewart, Dease Lake and all points north.

STEWART-CASSIAR HIGHWAY

3 to 7 days, 1634.16 km (1015.42 mi)

Discover Northern British Columbia's vast wilderness, Aboriginal culture, and pioneering history. The Stewart-Cassiar Highway travels past deep canyons, totem poles, high glaciers and mountains. Start in Prince Rupert and end at Dease Lake.

Note: Sections of the highway between Dease Lake and Iskut are gravel, but are well-maintained and suitable for RVs and fifth-wheels.



Go Where the Road Takes You Motorcycle Touring

It's not the destination, it's the journey! Destination motorcycle touring is rapidly expanding throughout North America and this trend extends to British Columbia. The Highway 16 corridor in Northern BC is definitely a premiere motorcycle-touring route. From Prince George to Prince Rupert, enjoy the unique landscapes and experiences that comprise BC's Route 16! This is an exceptional riding experience from the Rocky Mountains to the Pacific Ocean, visiting communities such as Valemont, Prince George, Burns Lake, Smithers, Terrace and Prince Rupert.

The spirit of discovery and adventure, the curiosity to explore unique communities, independent travel and the frequency of rest breaks can all be found here. Hop on your motorcycle and hit the winding, scenic highways. For a short scenic adventure, travel north on the Nisga'a Highway 113 from Terrace, and within an hour, you'll be driving through the youngest lava flow in Canada. Head west from Terrace to Prince Rupert, and you will experience 176 km of touring along the Skeena River, with plenty of waterfalls, soaring eagles, and glimpses of black bear (perhaps even the elusive Kermodei Bear!). In March, the eulachon (also known as oolichan, hooligan, ooligan, candlefish or Pacific Smelt) will be running down the Skeena River between Prince Rupert and Terrace. Eulachon is an important part of the traditional diet of several of the First Nations in the Northwest. Spectators gather in droves to watch these oily, shiny fish make their run down the river – it is truly a spectacular sight to watch sea lions, eagles and other wildlife chase after the fish.

Check out the Skeena Valley Motorcycle and Northwest Hog Facebook Pages. Visitors are welcome to participate in several local runs: the Father's Day Run to Hyder, Alaska, the Mother's Day Run to Kitwanga/Smithers, and the Toy Run in November.

Our History

Terrace is located on the traditional territory of the Tsimshian First Nation, the first people to occupy the area more than 10,000 years ago. They lived in villages and fortresses along the banks of the Skeena River and depended on the water source for salmon, transportation and survival. They called the Skeena River the K'shian River (water from the clouds), and they travelled the river using canoes made from hollowed out cedar trunks molded with hot steam.

Europeans began arriving in the Skeena area in the late 1770's, and fur trading, hunting and gold prospecting became the principle activities. Despite the Skeena's sharp curves, rocky canyons and temperamental water levels, it was a major transportation route for First Nations, explorers and early settlers. In 1890, the first riverboat began bringing valuable goods and supplies up and down the Skeena River. Large ringbolts still remain attached to the rocky walls and islands in the Kitselas Canyon. In 1912, the railway bridge over the Skeena was completed, and the last riverboat made its journey down the river.

In the spring of 1905, the City of Terrace's official founder, George Little, left the Yukon Gold Rush, and snowshoed over the Kitimat Trail to the shores of the Skeena River. When the government opened the land for sale, Little staked his claim on the site where Terrace stands today. He established a homestead and sawmill in response to the needs of the new railway, and donated nine acres of land so a new railway station could be built, transforming Terrace into a busy commercial hub. In 1917, Terrace officially became a city, and will celebrate its 90-year anniversary this year.

In the mid-1950s, Terrace's economy focused on forestry, with success lasting until the late 1980s. In the past decade, the community has seen an economic decline, and began to diversify their economy, setting their sights on mining and tourism, including Aboriginal Tourism. Locals also hope that nearby Prince Rupert's newly expanded port and the modernization of the aluminum shelter in Kitimat will help boost the economy.

Today, Terrace is full of bright, community spirit. Locals, referred to as Terracites, are an interesting mix of fishers, ex-loggers, and a new influx of young professionals drawn to the region because of the outdoor adventure opportunities as well as the small town atmosphere.

Top 6 Historical Attractions



1 Heritage Park Museum

Heritage Park Museum is situated on 1.73 acres of land owned by the City of Terrace. The site features a number of interesting, early buildings including eight authentic log structures, an artifact-storage shed (open to the public), a wagon garage, a miniature replica school house, a blacksmith shop and an organic Heritage Garden. Together, they offer a rare glimpse into the social, industrial and economic life of Terrace in the early years of the last century. Trace the ecological history of the area in the organic heritage garden, watch a demonstration in the blacksmith's shop during special events, or simply have a picnic lunch in the parklike setting.



Spring Hours (May 15 to May 31),
Monday to Friday, 10 am to 6 pm

Summer Hours (June 1 to August 31),
Seven days a week, 10 am to 6 pm

Winter Hours (September 1 to May 14) –
by appointment

Self-guided tours (using our informative
site brochure as your guide) are
another option for visitors to the park.
Admission by donation.

2 George Little House

In 1905, Terrace's founder, George Little,
arrived here and started a homestead
on what was to become the Terrace
townsite. The City of Terrace restored



George Little's home to its original state
12 years ago, and moved its location
to the bottom of Kalum Street. The
building that was once home to our
city's founder now welcomes train
passengers as the VIA Rail Station. Here
you'll also find First Nation Fine Art,
jewelry, topographic maps and cultural
artifacts. Founder's Day is celebrated
every March in honour of George Little.

The friendly staff at the George Little
House provide a warm refuge and
wealth of information for both visitors
and locals alike. Be sure to drop by for
a good old fashioned Terrace welcome.
You may even meet one of George
Little's descendants.



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3 Kwinitsa Foreman's Residence

Explore the only residential building of the Canadian National Railway known to have survived in the area. The Kwinitsa Foreman's Residence was home to a succession of foremen who worked at the Kwinitsa station (71.5 km west of Terrace) and supported the rail line between Terrace and Prince Rupert. In summertime indulge in a cool treat while enjoying the mountain vista from the adjoining patio.

You can also take a stroll along The Grand Trunk Pathway, taken from the name of the first railroad to forge across the north. Ideal for walking, jogging, cycling or rollerblading, this 1.6 km paved walkway runs parallel to Hwy 16 and features a series of interpretive signs that provide interesting details on historical events and monuments. Locals call it 'The Millennium Trail' as it officially opened in 2000.

4 Kitsumgallum Cemetary

Here rests many of our pioneer ancestors including George Little and his family. The Kitsumgallum Cemetery is located at the top of the first hill on Kalum Lake Drive. Next to the cemetery, you'll find an original trail that looks out across the valley.

5 Usk Pioneer Chapel

Approximately 22 km east of Terrace along Hwy 16 stands the Usk Chapel, a charming little replica of a church that was destroyed in the great 1936 flood. While you're there, be sure to take a ride on the Usk Ferry, a rare reaction powered ferry that travels across the Skeena River to the rural community of Usk. Its history dates back to 1912 with the building of the right-of-way for the Canadian Pacific Railway.

6 The Old Bridge

The Old Bridge is an historical feat of engineering that once boasted the title as the longest, single lane, wood decked, curved bridge in North America. Constructed to allow people and vehicles to easily cross the Skeena River, the rock outcroppings under the bridge became a formidable obstacle for the sternwheelers. As such, ringbolts were anchored in the rocks to help the riverboats navigate their way safely through the canyon on their journey upstream. These ringbolts are still visible in the rocks at the west end of the bridge.

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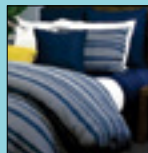
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First Nations Culture

Local First Nations

The Northwest is home to a rich history of First Nations culture that dates back to “time immemorial”. Many opportunities exist to uncover authentic First Nations experiences that are based on the traditional lifestyle. Visit the Tsimshian communities closest to Terrace – the Kitselas and Kitsumkalum. Take a day trip to visit the Haisla in Kitimaat Village or to the Nass Valley where the ancient Lava Beds and four Nisga’a villages are waiting to be discovered.

Watch as a master carver turns his story into history.

Kitsumkalum

– The People of the Robin

Kitsumkalum is located just west of Terrace. As you cross the Kalum River, its log and wood buildings immediately catch your eye. Several buildings are inspired by traditional longhouses but serve different purposes. The Kitsumkalum are the People of the Robin and like all Tsimshian, the traditional society is matrilineal, which means they are organized according to the female side of the family.

At Kitsumkalum, visit the House of Sim-Oi-Ghets gift shop and general store that specializes in aboriginal arts and crafts. Adorning the storefront is a striking original west coast design, which depicts the four main crests of Kitsumkalum: Eagle, Killer Whale, Raven and Wolf. Be sure to catch a glimpse of the Robin perched at the very top.

For more events and information go to www.kitsumkalum.bc.ca



GitseLasu – The People of the Kitselas Canyon

► 20 minutes east of Terrace towards Kitwanga

Kitselas Canyon is a narrow passage of the Skeena River defined by tumultuous water and jagged cliffs. The canyon is home to the GitseLasu, otherwise known as the Kitselas people. The Kitselas are one of seven Tsimshian First Nations communities in Northwestern B.C. Some remnants and residuum discovered through Archaeological research and excavations at the Kitselas Canyon have been carbon-dated to 5,000+ years, thus confirming occupancy of the Kitselas Canyon area for at least that many years.

The language used in the Kitselas Nation is Tsimshian (symalgax). The coastal and inland dialects of the language differed only in the use of a few words.

There are four main clans:

- Gispudwada (Killerwhale)
- Laxgiboo (Wolf)
- Laxsgiik (Eagle)
- Ganhada (Raven)

The original villages in this area have long since been abandoned but in recent years, the GitseLasu have developed the award-winning Kitselas Canyon National Historic Site. Visitors on a guided tour can wander through four thematic longhouse displays, a carving shed, animal display, historical display and more. Free outdoor activities include views of the longhouses, an interpretive nature trail that leads to the canyon, 6 totem poles, petroglyphs and a view of historic Ringbolt Island and the mighty Skeena River.

GitseLasu Hours of Operation – Summer Open July and August

Call in advance to confirm hours of operation and make a reservation for a guided tour **250.635.5084 ext#231**

Gate and Hiking

– interpretive trail open from 8 am – 9 pm
7 days a week • Free of charge



Conquering the Skeena

Rings to Rule the River

What do a bunch of rusty ringbolts have to do with the history of Northwest B.C.? More than you might think.

Countless ringbolts line the banks of Kitselas Canyon, the traditional home of the Kitselas First Nation, along the Skeena River. It may not seem like much today as the bolts rust away and gather moss along the pass's jagged rocks, but more than a century ago it was these ringbolts that were vital elements to sternwheelers' safe passage through the narrow canyon in an attempt to transport goods and passengers to early town sites along the river.

"Safe may be an understatement," says Rob Bryce, who coordinates tours of the Skeena River and other historic destinations throughout Northern B.C. as part of his adventure tour program at UNBC Continuing Studies. "Sternwheelers of the late 1800's and early 1900's did not have the engine power to propel their boats through the canyon, so a system of bolts were installed that allowed captains to winch their vessels through."

Now easily navigable by jet boat, the paths of such famous boats as the Hazelton, Caledonia and Mount Royal, often challenged the rapids while competing with one another in attempts to conquer the treacherous waterway. There are even stories of competitive races between boats commissioned by early Western settlers, more specifically the Hazelton and Mount Royal, which are known to have come to blows while on the water, leading Mount Royal's captain to fire his rifle at his opponent after having his ship purposely rammed.

It is historical accounts linked to what some may find 'mundane' or 'insignificant' that Bryce highlights along his Northern B.C. adventures, uncovering the unique stories behind what remains of the activity in that region years ago.

"We want to share the places and experiences of Northwest B.C. that will make tour participants appreciate everything about the area – its wildlife, its vast history, and most of all the authenticity that comes from knowing how life was lived day-to-day."

Journeying from Hazelton to Port Edward, Bryce navigates 290 kilometres of the waterway, taking participants of the Skeena River Historic Journey by jet boat to sites such as the Cassiar Cannery, the longest running cannery of its kind along the river, Woodcock Airstrip, Cedarvale Cemetery, Ringbolt Island, where evidence of 100-year-old transportation methods exist, to remote ghost towns, such as Dorreen, all this and more while awe-struck adventurers admire the unparalleled picturesque scenery that surrounds them as their jet boat captain navigates aptly-named rapids of "Devil's Elbow," "Hornet's Nest," and the "Whirlygig."

With so many spectacular destinations in and around Terrace, Bryce has created a series of tours that suit travellers of all types. Whether it is on a two-day visit to an abandoned ghost town for an overnight stay in Anyox, an experiential tour of the Khutzymateen Grizzly Bear Sanctuary for a wildlife viewing of grizzlies during prime feeding season, or a visit to the abandoned canneries that tell tales of the area's past fishing industry, UNBC Continuing Studies' Northern BC Adventures have something for everyone.

Visit Northern BC Adventures at unbc.ca/continuing-studies for details.



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- Skeena River Historical Jet Boat Journey
- Historic Fort George River Journey
- "The Town That Got Lost" Anyox Exploration
- Northwest BC Grizzly Bear Discovery Tour
- Upper Fraser White Sturgeon Biology Experience

unbc.ca/continuing-studies

#NorthernBCAdventures



CONTINUING STUDIES

Nass Valley

Unearth The Nisga'a – One Heart, One Nation

The dramatic landscape fused with the rich Nisga'a culture makes the Nass Valley a very unique experience. Nisga'a Memorial Lava Bed Provincial Park or Anhlut'ukwsim Laxmihl Angwinga'asanskwhl Nisga'a offers visitors a chance to explore a volcanic landscape and learn about the culture and legends of the Nisga'a people. Canada's last volcanic eruption occurred in the Nass Valley over 266 years ago. The vast lava beds serve as a memorial to the 2,000 Nisga'a people who lost their lives and as a reminder of the importance of respect – for both the natural world and the wisdom of the elders. The park is jointly managed by the Nisga'a Nation and BC Parks – the first of its kind in BC.

Today you can follow a self-drive auto tour that highlights the epic scenery, notable features and stories to educate visitors of the Nisga'a heritage. Be sure to drop in to the Nisga'a Visitor Centre where you can access information on special events and guided tours to the volcanic crater.

Just outside the park there are four communities - Gitlaxdamix (New Aiyansh), Gitwinksihlkw (Canyon City), Laxgalts'ap (Greenville), Gingolx (Kincolith). All communities are road accessible from the park. You'll find amenities such as grocery stores, bed and breakfasts, restaurants, gift shops, gas stations and health services. Nass Camp RV Campground has 16 fully serviced RV sites, a sani-dump and a restaurant.

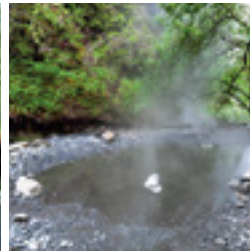
For day trips, fuel up fully and leave Terrace early to maximize your visit. It is advisable to bring your own food and bottled water, although there is a full-service gas bar/grocery outlet in Gitlaxt'aamiks. For overnight stays, arrange B&B lodging in advance. There is an RV sani-dump location at Nass Camp.

For more information, visit www.nisgaanation.ca

THINGS TO DO/SEE

- ▶ Guided tours of the valley, lava bed and lava cone / Nass Valley Tours 250-633-2733
- ▶ Experience the exhibit at the Park Visitor Centre
- ▶ 16-site vehicle campground (first come first serve)
- ▶ Explore lava features on designated trails
- ▶ Visit the four Nisga'a villages – Gitlaxt'aamiks, Gitwinksihlkw, Laxgalts'ap and Gingolx

NISGA'A NATION IS OPEN FOR BUSINESS



COME VISIT US AND EXPLORE!

Drive the brand new Nisga'a self-guided Auto Tour.

Nisga'a Museum – one of the finest collections of Northwest Coast aboriginal art.

Vast lava fields, lava cone and Visitor Centre exhibit.

Hlgu Isgwit, our hotsprings – water heated by nature.

Vetter Falls Lodge – pristine wilderness experience.



nisgaatourism.ca

Aam wil bakwsim' / We Welcome You

Gitlaxt'aamiks

Gitlaxt'aamiks offers a rich cultural history, natural beauty and central location for exploring Nisga'a Lands. Situated on the edge of the Memorial Lava Bed Park, Gitlaxt'aamiks is the home of Wilp Siayuukhl Nisga'a (Nisga'a House of Laws) – the legislative assembly of the Nisga'a Lisims Governments.

THINGS TO DO/SEE

- ▶ Nisga'a Lisims Government Legislature – info + tours
- ▶ Unity Pts'aan (60' totem pole) – first pts'aan raised in the Nass Valley in a century
- ▶ Village Government offices – info + tours + four 25' pts'aan
- ▶ Village smokehouses
- ▶ Holy Trinity Church
- ▶ Hiking – viewpoints, natural trails – not monitored



Gitwinksihlkw

Gitwinksihlkw is located along the north bank of the Nass River – one of BC's most dramatic settings. For years, the village was accessible only by suspension footbridge – today, a modern vehicle bridge provides direct access. Four totem poles (Eagle, Wolf, Raven and Killer Whale) flank the bridge. There is a full-service gas bar/grocery outlet in the community.

THINGS TO DO/SEE:

- ▶ Ukws-Ts'agat – 400' suspension foot bridge
- ▶ Village entrance bridge – four 25' pts'aan
- ▶ 55' Bears' Den pts'aan + 60' Education pts'aan
- ▶ Village Government offices – info + tours
- ▶ Salvation Army Church
- ▶ Fish Wheels
- ▶ Wilp Wilxo'oskwhl Nisga'a Institute – Nisga'a University
- ▶ Hiking – viewpoints, natural trails – not monitored

There has been a suspension bridge in the Nisga'a Village of Gitwinksihlkw for over 400 years, and until 1995 when a new bridge was constructed, it was the only access to the Village of Gitwinksihlkw for generations. All groceries, furniture, and accessories had to be carried across the bridge.

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Laxgalts'ap

Laxgalts'ap is located in the Nass River Estuary – a world-class fishing destination. It is also home to Hli Goothl Wilp-Adokshl Nisga'a (Nisga'a Museum), housing Anhooya'ahl Ganiye'etgum (the Ancestors' Collection) over 300 priceless artifacts – one of the finest collections in the Northwest Coast and the world.

THINGS TO DO/SEE

- ▶ Nisga'a Museum – home to the Ancestors' Collection – over 300 cultural artifacts/treasures
- ▶ World class carving shed – observe Nisga'a carvers
- ▶ Village Government offices – info + tours
- ▶ Nisga'a Valley Health Centre – four 25' pts'aan
- ▶ Laxgalts'ap Community Centre
- ▶ St. Andrews Anglican Church
- ▶ Hiking – viewpoints, natural trails – not monitored

Gingolx

Gingolx is referred to as the seafood capital of the Nass and is located on the spectacular northwest coast of BC on Portland Inlet. It offers rich cultural history, natural beauty and some of North America's finest seafood – salmon, crab, halibut, snapper and shellfish. A dramatic coastal setting.

THINGS TO DO/SEE

- ▶ Sea walk – panoramic ocean, mountain, eagle views
- ▶ Cultural longhouse
- ▶ Gingolx Government longhouse – two 25' pts'aan
- ▶ Tribal smokehouses
- ▶ Village Government offices – info + tours
- ▶ Gingolx Christ Church
- ▶ Gingolx Memorial Recreation Centre – 25' pts'aan
- ▶ Hiking – viewpoints, natural trails – not monitored

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The Nisga'a Museum

Located in the heart of the Nass Valley in the Nisga'a Village of Laxgalts'ap, the Nisga'a Museum is the home of the Ancestors' Collection – over 300 priceless artifacts. Now, for the first time, these cultural treasures are displayed together in their place of origin. They speak of a unique people and place, yet tell stories with universal themes. You will be moved by the power and spirit encountered here.

Hi Goothl Wilp-Adokshl Nisga'a means "The Heart of Nisga'a Crests", a name that celebrates the role of Nisga'a tribal crests in Nisga'a society. With a design inspired by traditional Nisga'a feast dishes, longhouses, and canoes, the museum houses cultural treasures acquired in the 19th and early 20th centuries – treasures to enrich a whole new generation.

www.nisgaamuseum.ca



NISGA'A MUSEUM g. fregehan



g. fregehan

Events & more at www.VisitTerrace.com | 17

Wildlife & Ecology



Kermodei Bear — A Legendary Mascot

The Kermodei, also known as the Spirit bear, ghost bear or Moksgm'ol in Tsimshian, is unique to the North Coast rainforest and sightings are rare. Even locals who have lived in the region their entire lives have yet to catch a glimpse of Terrace's legendary mascot.

What makes this white bear so intriguing is that it is a black bear in every respect except for its bright coat of fur. One might think that the bears are albinos but the famous white fur comes from a recessive gene that both parents must possess for their cub to be white.

First Nations legends recall the Kermodei as the spirit of the rainforest. Long ago a raven changed the earth from snowy white to forest green but didn't want to forget the past. So the raven changed every tenth black bear into a white one to remember the world the way it had once been.

As the city's official mascot you will find statues of the animal, all uniquely painted by local artists on display throughout the downtown and along the Grand Trunk Pathway.

The North Coast Rainforest

The lush habitat of the North Coast Rainforest is one of the most spectacular and ecologically diverse regions in the world. Common coniferous tree species in this region are the Sitka Spruce, Western Hemlock and Red Cedar. About 100 species of vertebrates depend on the ancient rainforest for survival. The most common large mammals are the black-tailed deer, black bear, grizzly bear, gray wolf and mountain goat.

In the autumn, the forest floor sprouts a wide variety of wild mushrooms, including pines, morels, golden chanterelles, king boletes, lobsters, and oysters, making this region a very popular spot for mushroom pickers. Wild blueberries, bog cranberries, huckleberries and salmon berries can also be found in the surrounding forests. Many important plants for medical and spiritual reasons can be found in the area. Devil's Club is highly prized by local First Nations for its healing powers.

Wildlife Viewing & Ethics

Terrace and the surrounding region is home to a diverse array of wildlife, including grizzly bears, black bears (and the elusive Kermodei Bear), moose, deer, coyotes, wolves, cougars, beavers, mountain goats, and more. Bald Eagles can be spotted most places, but particularly can be seen along the rivers and lakes. There are also over 100 unique bird species including the Canada Goose, Osprey and the Trumpeter Swan, a provincially blue-listed species. In late summer, salmon spawning turns many clear streams shades of pink such as Clearwater Creek. And since the Skeena River leads to the Pacific Ocean you may spot seals and otters in the river hunting for fish.

It is common to see black bears while driving along the highway and hiking the trails. While catching a glimpse of a bear or any species of wildlife is definitely a highlight for most travelers, but please act responsibly to keep them wild and healthy and to keep yourself safe. Be sure you are familiar with bear safety techniques before any hike or backcountry activity. Don't surprise or approach bears; bears will usually move out of the way if they hear people approaching, so make noise and hike in groups.



KLEANZA CREEK m. turner

Visit Lakelse Lake Provincial Park and Gruchy's Beach to wander through an old growth forest and view the spawning salmon.



b. broderick



HIKING AT CLEARWATER LAKES b. broderick

Remember: This is Bear Country!

If you see a bear on the side of the road, give them lots of space. Roadside bears quickly become habituated to vehicles and people, and this can cause many problems for both bears and humans. Remember, they are wild! Always exercise caution; don't feed animals or get too close. Moose can be aggressive, and all animals are unpredictable. unpredictable. Read safety recommendations before you head out. Stay alert, and move slowly and quietly.

Seeing a bear in the wild is one of the most sought after experiences in our national parks. It is truly a unique and remarkable sight. This rare privilege however, comes with the important responsibility of minimizing the impact of your viewing activities on vulnerable bear populations.

GRIZZLY BEAR VIEWING IN THE KHUTZEYNATEEN. g. gong

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We're at 4625 Lazelle Ave in Terrace or call us toll free at 1-800-668-6330.

World-Class Fishing

Scenic beauty, a vast variety of waterways and a fleet of powerful fish make this region an unparalleled destination for big scale adventures. Each year anglers are lured to the Skeena Valley in the hopes of landing the big one and it's a known fact that more salmon and steelhead are caught in the Skeena River and its tributaries than any other place in the world.

The fishing opportunities are diverse and last throughout the year depending on the species and watershed. Steelhead fishing is prime in the early spring and late fall while the summer offers a chance to catch all five species of Pacific salmon – Chinook (King), Sockeye, Coho, Pink and Chum. Trophy-sized trout and char such as Rainbow, Kokanee, Lake, Dolly Varden, Mountain Whitefish, Lake Whitefish, Burbot and Bull Trout can also be found in the lakes year round. Keep in mind that all wild Steelhead must be released.

Ocean Fishing *Just a stone's throw away.*

From big halibut, salmon, rock fish, ling cod, to many kinds of shell fish the Pacific Ocean is full of amazing fishing opportunities. Whether it is catch and release or to bring home – Prince Rupert and Kitimat have amazing ocean charters to get your catch of the day.

Rod Loan Program *May 15th- September 30th*

New to fishing? Stop in at the Terrace Visitor Centre to borrow a rod and tackle. Get out and see what all the buzz is about. Damage deposit and fishing license required (can be purchased at many outlets in town).

There are many guide outfits that offer day charters or all-inclusive packages. These professional fishing guides are not only technically skillful anglers who know the right times and places to enjoy good fishing but they can also teach you how to improve your skills and knowledge.

www.visitterrace.com or www.tourismkitimat.ca





a. comeau



b. broderick

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www.skeenawatersflyshop.ca

Fishing in Terrace

Check local fishing regulations and license rules, as there are numerous changes to regulations throughout the year. You can pick up your fishing license at one of our many fishing and tackle shops throughout Terrace. If you need gear, drop in to the Terrace Visitor Centre and borrow fishing gear (salmon or trout) for free!

Access to the Water is Simple

- ▶ Cast into the Skeena from the banks of Ferry Island or into the lower end of the Zymoetz (Copper River).
- ▶ Launch your boat at Fisherman's Park or at the Kitsumkalum Boat Launch and RV Park just west of Terrace on the Kalum River or south of Rosswood on the Nisga'a Hwy on the Kalum River or at one of the boat launches in our Provincial Parks.
- ▶ Take a drive to Kitimat and the Pacific Inland Coast on the Douglas Channel or to Prince Rupert to experience phenomenal ocean fishing.

FREE DOWNLOAD
 Just subscribe to receive our e-newsletter

The SkeenaWild Fishing App 

Your Guide to Fishing the Skeena and Northcoast:

- Real-time weather & water levels
- Descriptions of local rivers, lakes & ocean
- Everything you want to know about salmon & steelhead abundance & timing
- Species identification
- Simplified & mapped regulations
- Ocean weather & local tide tables
- Plus updates & news from SkeenaWild

#skeenawildfishingapp skeenawild.org/fishingapp

Best Time to Fish

LEGEND: AVAILABLE ◎ PEAK SEASON ●

Fresh Water	Jan	Feb	Mar	April	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Chinook				◎	◎	●	●	◎				
Chum						◎	◎	●	◎			
Coho								◎	●	◎	◎	
Pink							◎	●	◎			
Steelhead	◎	◎	●	●	◎	◎	◎	●	●	●		
Trout					◎	◎	◎	◎	●	●		
Char (Bull Trout)	◎	●	●	●	◎	◎	◎	◎	◎	◎	◎	◎

LEGEND: AVAILABLE ◎ PEAK SEASON ●

Salt Water	May	Jun	Jul	Aug	Sep	Oct
Chinook	◎	●	◎	◎		
Chum	◎	◎	●	◎	◎	
Cod	◎	◎	◎	◎	◎	◎
Coho			◎	●	◎	
Crab	◎	◎	◎	◎	◎	◎
Halibut	◎	◎	●	●	●	◎
Pink			◎	◎	◎	
Snapper	◎	◎	◎	◎	◎	◎



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SALMONID IDENTIFICATION

CLOSED TO RETENTION THROUGHOUT REGION 2 (LOWER MAINLAND)



Wild Steelhead Trout

- White gums, mouth & tongue
- Numerous small round spots across back
- Large square tail with many linear spots



Wild Coho Salmon*

- White gums, light mouth, black tongue
- Many spots along back
- Forked tail with spots on upper lobe only

***Hatchery Coho may be kept in most areas. Always verify open times and limits with official fishery notices.

Please familiarize yourself with fish species identification before fishing. All wild Steelhead and wild Coho must be released with care. Always check DFO/MOE fishery notices for official openings & closures, retention opportunities, and angling regulations.

If you don't know – let it go!

DFO Fishery Openings/closures: (604) 666-8266 (24 hrs) Web: <http://www.dfo-mpo.gc.ca>

Chinook Salmon



Dark gums & mouth
Many large speckles across back
Spots on both lobes of tail

Pink Salmon



Dark gums, light mouth
Large spots across back (males' back is humped)
Several large oval spots on both lobes of tail

Chum Salmon



White gums & mouth
No spots on back or tail
Calico markings/vertical bars across body
(faint on fresh fish)

Sockeye Salmon



White gums & mouth
No spots on back (some may have a few small speckles)
No spots on tail



The Steelhead Society of B.C.

www.steelheadsociety.org/donate

Conservation Officer 24 hour hotline: 1-877-952-7277
(Report all Poachers and Polluters)

Disclaimer: this information is for educational purposes only
and is not a substitution for official regulations

Hiking & Climbing

Terrace has an abundance of green space, walking trails and spectacular scenery. With about 20 day hikes in the area, you have entered in a hiker's paradise! From a leisurely enjoyable stroll to a heart-pumping climb, you will find a trail that will suit both your mood and your ability.



WATERFALL ON COPPER RIVER ROAD m. turner

ALPINE VIEWS NEAR THE TOP OF TRAPPER MOUNTAIN scene through my eyes



Top 5 walking trails

1 Ferry Island

is a flat 2.8 km loop that skirts the banks of the Skeena. Be on the lookout for unique woodcarvings by local artist Rick Goyette hidden amongst the trees.

2 The Grand Trunk Pathway

is a popular place for walking, jogging, cycling or rollerblading. This paved linear trail follows Hwy16 West for 1.6 km.

3 Howe Creek Trail

is a picturesque old timber trail along Terrace's main creek. This easy path is home to birds and amphibians, as well as a fish hatchery at the end of Eby Street.

4 Gruchy's Beach

is an easy 1 km trail that follows Williams Creek through an old growth forest to a popular sandy beach on Lakelse Lake.

5 Twin Spruce

is an easy 2 km walk that winds through old growth forests and wetlands. This trail is located at Furlong Bay Campground in Lakelse Lake Provincial Park.

Top 6 moderate hikes

1 Terrace Mountain

is a moderate 4.5 km vertical climb with some steep spots and rewarding views overlooking Terrace.

2 Bornite Mountain

is a 4.6 km hike following an old mining trail to a sub-alpine ridge. An unmarked route continues to the peak giving panoramic views of the Skeena Valley and surrounding areas.

3 Clearwater Lakes

is a moderate hike along a 6 km trail that begins at Onion Lake. The trail runs through an old growth reserve which encompasses Onion, Big Clearwater and Little Clearwater lakes.

4 Hai Lake

is a moderate to easy 1 km hike through old growth forests that leads to Hai Lake and a rustic campsite. Great for swimming and fishing.

5 Pine Lakes

is a moderate 6.1 km multi-use loop. The trail offers scenic views of the lakes, wetlands and mountains.

6 Sleeping Beauty

is a 2.5 km hike that leads to sub-alpine meadows and lakes. An unmarked route continues to alpine ridges with excellent views of the Kalum and Skeena Valleys.

PINE LAKES
g. gence

Hertz

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Top 2 mountain treks

1 Gunsight Lake

is a difficult 6.5 km trail that leads to a scenic alpine lake and ridges that overlook Lakelse Lake.

2 Maroon Mountain

is a difficult 7.2 km hike following an old mining trail to the alpine.



CLEARWATER LAKES b. broderick

Rock Climbing

Terrace is a rock climber's natural paradise – our region is blessed with pristine granite towering walls. If you are a climber, check out Copper Mountain with its 5-6 length pitches, as well as single natural and sport routes. Some of the more challenging longer routes have distinct mix sport and traditional climbing, sporting names such as Rendezvous and Renaissance. Visit the Dihedrals and climb Power Tower, Blade Runner, or Zeus – the king of crack climbing. There are several smaller crags as well at Kitselas, Onion Lake, Kalum and the Traxx. Other longer walls are Exstew and Kermode Wall – both about a 45 minute drive west of Terrace. Climbing season can stretch from March to October, with guiding and instructional services available in the region. If you love rock climbing, Terrace is the place to be!

Be sure to stop in at the Terrace Visitors' Information Centre at 5411 Keith Avenue to pick up a copy of the Terrace and Area Trails Guide.



GUNSIGHT LAKE J. philippe

Camping & Parks

For natural splendor, swimming and camping just outside of town take a trip to one of the many parks in the area. www.bcparks.ca

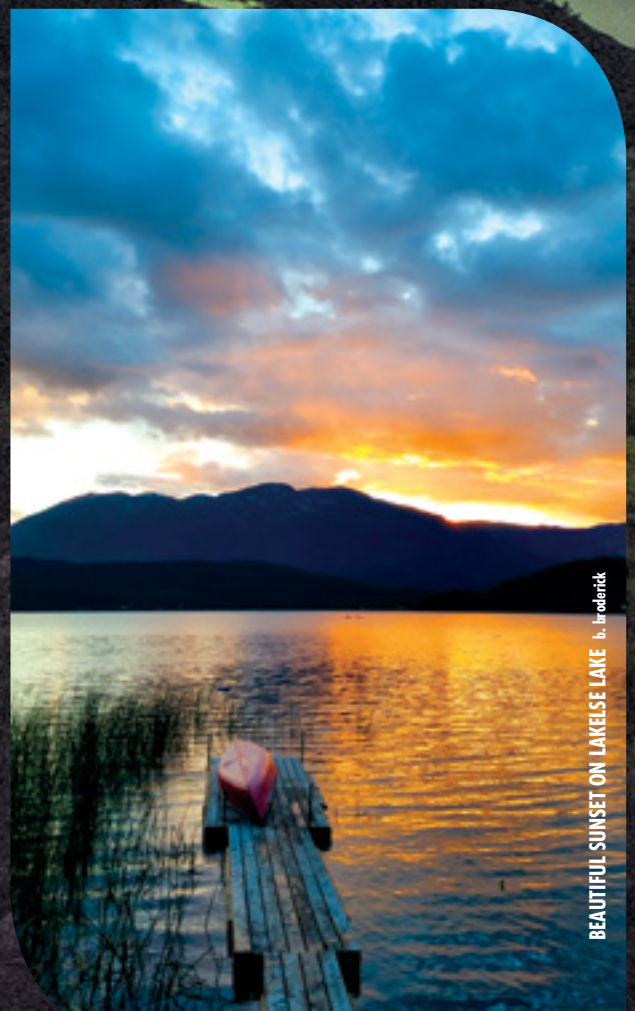
Provincial Parks

Lakelse Lake Provincial Park is situated in the Skeena River Watershed and is surrounded by the mountains of the Kitimat Range. It offers short walking trails, beaches, boat launch, picnic sights, campsites, and more. Camping is available at Furlong Bay within the park.

Kleanza Creek Provincial Park just east of Terrace is home to great camping and hiking trails that lead to a canyon, waterfalls and an abandoned gold mine.

Exchamsiks River Provincial Park located 56km west of Terrace features 18 hectares of lush rainforest and provides visitors with two day use areas. On the west side of the river, there is a single paved boat launch available for public use year round and on the east side is a short interpretive trail through the old growth forest.

Nisga'a Memorial Lava Bed Park located 100 km north of Terrace is the first provincial park to be jointly managed by a First Nation and BC Parks. There is a 16 site vehicle campground on site.



BEAUTIFUL SUNSET ON LAKE ELSE LAKE b. bradrick



Recreational Sites

Redsand Lake or Hart Farm Recreation Site offers beaches, canoeing, walking trails, biking trails and campsites.

Exstew Falls located west of Terrace is a short hike to a stunning waterfall. Camping is available along the banks of the river.

Lakelse River Recreation Site is located in Old Remo. The site is equipped with pit toilets, fire pits and rustic camping area. The Lakelse River is a popular river for salmon and trout fishing.

Pine Lake Trails and Recreation Site is located just west of Terrace. There are two small scenic forested sites, with 5 developed camping spaces. An easy 6.1 km loop trail around Pine Lakes offers scenic views of the surrounding mountains, wetlands and lakes.

Discover Terrace

Nass Valley/New Aiyansh - 100km

Kitsumkalum River

Prince Rupert - 143km

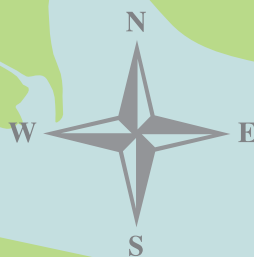
Distance Calculator

Use our distance calculator to assist with your travel plans.
All distances originate from Terrace's downtown core.

	kms
HIGHWAY 16 WEST	
New Remo	7
Shames Mountain	33
Kasiks	56
Prudhomme Lake Provincial Park	130
Port Edward	132
Prince Rupert	147
HIGHWAY 16 EAST	
Kleanza Creek Provincial Park	19
Gitaus (Kitselas)	20
Usk	22
Cedarvale	80
Kitwanga	91
Seeley Lake Provincial Park	114
New Hazelton	124
Smithers	205
Houston	269
Burns Lake	349
Fraser Lake	419
Vanderhoof	477
Prince George	577
From Prince George to Vancouver	778
Edmonton, Alberta	1314
Calgary, Alberta	1366

HIGHWAY 37 SOUTH	
Lakelse Lake Provincial Park	20
Kitimat	60
Kitimaat Village	67
NISGA'A HIGHWAY	
Rosswood	43
Tseax Junction	93
Canyon City	101
Greenville	137
Kincolith	168
(east) New Aiyansh	100
Cranberry Connector	151
HIGHWAY 37 NORTH	
Kitwanga	91
Meziadin Junction	247
Stewart	311
Hyder, Alaska	316
Bell II	341
Dease Lake	604
Yukon Border	845

Braun's Island



Ske

Legend



Recreation Facilities

1. Sportsplex
2. Terrace Aquatic Centre
3. Bike Skills Park
4. Christie Park (Soccer)
5. Riverside Park (Ball)
6. Elks Park (Ball)
7. Rotary Park (Ball)
8. Seniors Fitness Park
9. Boat Launches
10. Curling Rink



Parks & Recreation Trails

11. George Little Park & Spirit Square
12. Ferry Island
(Walking, Camping & Fishing)
13. Grand Trunk Pathway
14. Skeena View Park
15. Terrace Mountain Trail
(Hiking/Mountain Biking)
16. Howe Creek Trail
(Walking/Mountain Biking)



Cultural Destinations

17. Heritage Park Museum
18. George Little House (Via Rail Station)
19. Kwinitsa Foreman's Residence
20. Library/Art Gallery
21. REM Lee Theatre
22. Terrace Little Theatre
23. Farmer's Market

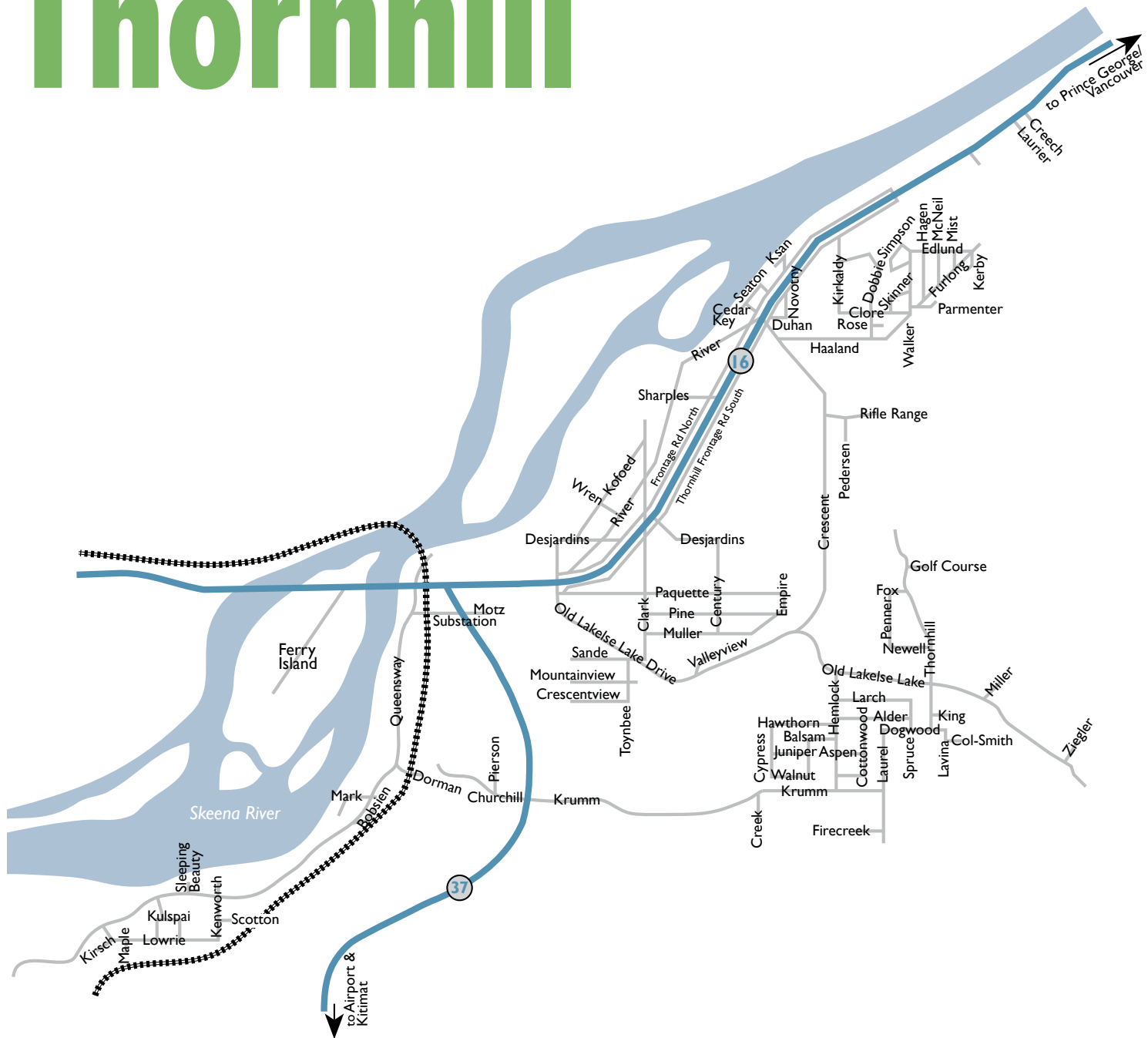


Community Services

24. Visitor Information Centre
25. City Hall
26. RCMP
27. Mills Memorial Hospital
28. Public Health/Courthouse
29. Regional District of Kitimat-Stikine
30. Post Office
31. Animal Shelter
32. RV/Bus Parking Downtown
33. Sani-Station at Visitor Centre
34. Airport
35. Bus Station



Thornhill



Mountain Biking

There are two main popular riding areas (Terrace Mountain and Copper/Thornhill Mountain) and many other trails to explore for all ages and abilities. You can access links to trail maps and other local cycling information at <http://torca.weebly.com>.

Copper/ Thornhill Mountain

► downhill singletrack

From the Visitor Centre, head east on Highway 16 to Old Lakelse Lake Road (just past the Macs Gas station). Follow the road out towards Jackpine Flats for 6km, 800m past the Thornhill Landfill is a parking lot which leads to a road up the mountain (Copper Mountain Road). You can either drive up the road (in a vehicle with good ground clearance) or bike to the trails. There are numerous trails running on the mountain.

Terrace Mountain & Area

► All Mountain/XC/Enduro/DH

The Terrace Mountain trails are located approximately 3.5 km from the Visitor Centre on Highway 16 in Terrace. The main trailhead is located at the junction of Johnstone Street and Walsh Avenue.

Flathead Loop


► intermediate to advanced climb and descent

The trailhead is located at the junction of Johnstone Street and Walsh Avenue. A 7.5 km ride comprising technical singletrack and a challenging descent.

Our Downhill & Freeride area at Copper Mountain

features trails for those who want gravity to do the work. The terrain resembles the famous Northshore trails in Vancouver. We can even accommodate XC trail riders who want a little gravity experience on Packhorse. Full on Downhillers will like Lucky7 and the steep and tight Freeriders will find on numerous trails to explore. This is a shuttle friendly area and riders should have appropriate protection and bikes.

Be sure to stop in at the Terrace Visitors' Information Centre at 4511 Keith Avenue to pick up a copy of the new Terrace & Area Mountain Bike Trail Map



There are several beginner to Intermediate XC trails in the area to choose from such as Spring Creek, Pine Lake and Red Sand and the “in town” Howe Creek Trail and Ferry Island.

Top 6 Trails to Get Your Burn On

- 1 Terrace Mountain / Steinhoe Ridge
- 2 Copper / Thornhill Mountain
- 3 Flathead Trail
- 4 Pine Lake
- 5 Onion Lake Ski Trail
- 6 Packhorse/Lickbite

Top Intermediate Trails

- 1 T2
- 2 Downtube / Hatchet Boy
- 3 Spring Creek, Lichen Loop & Steinhoe

Top Technical DH/All Mountain Trails

- 1 Griff's-Line
- 2 Upper Back Eddy
- 3 Lower Back Eddy

MOUNTAIN BIKING ON "WHEEL OF FORTUNE". ONE OF THE MANY GREAT TRAILS THAT
CROSSES TERRACE MOUNTAIN OFFERING VIEWS OF THE CITY AND VALLEY. L. I. I.

Local Bike Parks

Terrace Sportsplex

We have a local skate park (located near the Sportsplex) where boarders and BMXers share space and half pipes, as well as community terrain at George Little Park.

Terrace Bike Skills Park

The Terrace Bike Skills Park (located near Mills Memorial Hospital) is targeted at kids and beginners, and has stunts, jumps and drops as well as a wall ride and pump track.

For more information, you can contact the local Bike shop, at info@wildbike.ca or check out the website for the Terrace Off-Road Cycling Association at www.torca.weebly.com.

BC Bike Ride North

Northern BC's unique character and image of friendly towns amongst a vast wilderness has attracted the creators of the now world famous BC Bike Race to develop a new product called BC Bike Ride that will focus on the Northern region...BC's true mountain biking frontier. This Ultimate Road Trip Experience will connect 7 BC communities including North Vancouver and 6 northern communities: Williams Lake, Prince George, Burns Lake, Smithers, Terrace and Prince Rupert. Tour dates are August 5-13, 2017.



Photo: Dave Silver



NORTH VANCOUVER
WILLIAMS LAKE
PRINCE GEORGE
BURNS LAKE
SMITHERS
TERRACE

AUGUST 5th -13th, 2017
bcbikeride.com
Powered by BC Bike Race

NORTH

Dirt Biking & Motocross

The Terrace Motocross Track is a national style track with a mix of loam and sand, offering fast sections, tabletops, berms and off camber turns. There is a junior MX track for kids/beginners. Located near the Northwest Regional Airport.

Where all the fun goes!

chances

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11 am - 12:30 am
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www.chanceterrace.ca



Know your limit, play within it. **GameSense** 19+

Events & more at www.VisitTerrace.com | 37

On the Water

Kayak, Canoe or Paddle Board

A kayaking or canoeing adventure is a great way to explore the waterways and landscapes of Terrace and its surrounding area. Imagine yourself gliding quietly over the water or surfing the waves of a raging river. With some of the largest snowfalls in the world, the Terrace area is home to top-class runoff. That means a great river running season from April to November. There are at least 30 raft, canoe and kayak runs within the immediate Terrace area, including some of the best whitewater in the world. Be sure to check out Copper River and Williams Creek. Rapid, the Whitewater Magazine, voted Terrace the 'Best Creeking Town' in 2010.

For those who simply want to watch others delight in the wonders of the water, the Lakelse Lake Dragon Boat Society hosts the annual Lakelse Dragon Boat Mix Up Regatta, held on the second Saturday in September.

For something different, rent stand-up paddles at our locally-owned Ruins Board Shop and head out to Lakelse Lake.

Top Spots to Paddle

- 1 Kalum River
- 2 Lakelse Lake
- 3 Pine Lake
- 4 Clearwater Lake
- 5 Kleanza Lake (Bornite Mountain)

Swim

On a hot summer day, visitors craving a dip can cool off in a variety of refreshing lakes within minutes from downtown. The expansive Lakelse Lake has a few popular picnic areas and beaches south of town while smaller lakes, such as Findley Lake or Lost Lake just north of town offer a more intimate environment. If your style is a bit more rustic and private, take the short trek to Red Sand lake or Kitsumkalum Provincial Park on Kalum Lake. For indoor fun visit the Terrace Aquatic Centre for daily public swims.

Top 5 Spots to Cool Off

- 1 Lakelse Lake
- 2 Findlay Lake
- 3 Lost Lake
- 4 Red Sand
- 5 Kalum Lake



Golfing

Skeena Valley Golf & Country Club

The Skeena Valley Golf & Country Club lies at the foot of majestic Thornhill Mountain, just a 10-minute drive east of town. This is truly one of the most picturesque golf courses in the province. Each of the 18 holes of this course offers spectacular views of the surrounding mountains and glaciers. The course is well-maintained, and the greens are in great condition no matter the season or weather conditions. After your round, relax in the clubhouse and enjoy a meal and beverage. The view from the clubhouse deck is amazing!

www.svgc.ca

Shooting Sports

The Terrace Rod and Gun Club, located on Rifle Range Road in Thornhill, offers a full range of venues for the shooting sports enthusiast. Open to the public year round, the club's amenities are second to none in this Region. These include: a Biathlon range complete with regulation 25 and 50 meter targets and a 2 km ski/bike track, a 200 meter rifle range complete with full-length sheltered shooting stands, a 100 meter handgun and small bore range also with a full-length undercover shooting shed, a trap shooting facility with voice activated launcher, a sporting black powder rifle course and an outdoor handgun reactive-target range.

The Club is the largest and fastest growing community organization in the Region, with over 450 active members. Affiliated with the BC Wildlife Federation, it offers training and meeting room facilities for shooting safety and certification courses such as CORE, PAL and restricted firearms training programs, with courses scheduled regularly throughout the year. The clubhouse, as well as some of the ranges, are also available for rent.

Visit their website for a full list of upcoming activities:
www.rodandgun.net

Archery

The local archery club, the Terrace Whiskey-Jack Archers welcomes visitors and residents of all ages at their outdoor facility in Thornhill, just east of Terrace. Equipment and coaching is available on site. The facility features a shelter with kitchen, a 21,000 ft² outdoor range with 3-D targets, and 2.5 km of trails. Each May, the club hosts the Annual TWJA 3-D competition in Rosswood (about 20 minutes north of Terrace), a two day event featuring 105 targets.

During the winter, the indoor season takes place in the Thornhill Junior Secondary School gymnasium, with an indoor 3-D competition in late winter/early spring.

www.twjarchers.co.za



Winter Fun

Shames Mountain and My Mountain Co-op

Home to 1,600 vertical feet of powder, Shames Mountain is located 35 kms west of Terrace in the spectacular Shames Valley amidst the majestic Coast Mountain Range of British Columbia. As described in Powder Magazine, "Shames receives 475 inches of annual snowfall, laying claim to one of the deepest, most consistent snow packs in North America and its backcountry access is unrivalled." Established in the early 1990s, Shames Mountain has 28 cut runs and an abundance of natural glades. Shames is a family friendly mountain with lots of great options from beginner to expert. Shames is surrounded by more than 7,800 acres of backcountry bliss. The options are only limited by your imagination!

Shames is open from mid December until March. The ski area provides lift access to terrain from beginner to expert, instruction, a terrain park, a kids toboggan hill, a day lodge with food service, plus great events throughout the season.

Visit www.mymountaincoop.com for more information about ski programs, lift ticket and rental prices, and up to date snow reports. Driving time from downtown Terrace to Shames is about 40 minutes.

Shames is owned and operated by My Mountain Co-op (MMC), Canada's first non-profit ski community co-operative.



Doc Pow, SnowSeekers Media



Powder Matt

Snowmobile

Prime snowmobiling areas and trail networks through spectacular snow-scapes, forests and mountains are right at our doorstep. Popular trails include the Sterling Mountain, South Douglas, Trapper Mountain, Copper Mountain, Anweiler Ridge, Big Cedar, Sleeping Beauty and Bolton Ridge.

The two main riding areas with groomed trail access are Sterling Mountain and South Douglas. Sterling Mountain is a great place to take the family with excellent views of the surrounding ranges and the Nass Valley from the alpine, and terrain for novice to advanced riders to enjoy.

Skeena Valley Snowmobile Association www.svsa-bcsf.silkstart.com

WESLACH MOUNTAIN b. broderick

This is Our Mountain

- come ski & ride with us

Proud to be Canada's first
non-profit, co-operative
community owned ski hill.
Affordable and family friendly,
Shames has something fun
for everyone with rentals
and instruction available.

DISTANCE TO SKI AREA

Terrace	33km
Kitimat.....	100 km
Prince Rupert	133km
Smithers.....	241km
Stewart	336km

SNOW PHONE **OFFICE PHONE**
250-638-8SKI **250-635-3773**



"Shames receives 475 inches of
annual snowfall, laying claim
to one of the deepest, most
consistent snow packs in North
America and its backcountry
access is unrivalled"
(Powder Magazine)

mymountaincoop.ca

Nordic Dreams

www.snowvalleynordics.com

The Onion Lake Ski Trails are just half an hour south of Terrace towards Kitimat. This amazing network of groomed trails ranges from 1km to 13 km loops and caters to all levels of difficulty for both classic and skate skiers. Stay at the moose cabin overnight or clock off a night ski on one of the lit trails.



The Spotted Horse
~FARM & NURSERY~
250-635-1907
4903 Graham Ave., Terrace
OPEN MAY TO OCTOBER

Best 10 Winter Fun Activities

- ❶ Downhill Ski/Board at Shames
- ❷ Cross-country ski at Onion Lake Ski Trails
- ❸ Ice Fish at Hai Lake
- ❹ Snowshoe at Hai Lake and Onion Lake
- ❺ Snowmobile at Stirling Mountain, South Douglas or Trapper Mountain
- ❻ Outdoor ice skate on Lakelse Lake
- ❼ Tobogan at Northwest Community College and Shames Mountain
- ❽ Take in a Terrace River Kings game at the Sportsplex
- ❾ Public skate at the Terrace Sportsplex
- ❿ Shop and Eat in Terrace!

Where to Stay

Terrace accommodations range from scenic campgrounds and cozy bed and breakfasts to economy motels, fine hotels and first class fishing lodges.

The majority of Terrace's accommodations are within easy walking distance to the downtown attractions, parks and trails and offer a myriad of amenities to suit your every need. Whether it is business or pleasure, Terrace provides the quality service and accommodations you need, from major hotel chains to charming bed and breakfasts and lodges.

There are several fishing lodges in our area are located in and around the Terrace area which cater to those looking for the all Inclusive fishing vacation. Call for availability and rates as most offer rooms where available outside of their regular guided fishing operations.

Fishing Lodges

Deep Creek Lodge	250-635-4449	www.deepcreekodge.com
Kalum River Lodge	250-635-7204	www.kalumriverlodge.com
Nicholas Dean Lodge	250-635-7204	www.nicholasdean.com
Pioneer Fishing Lodge	250-635-3022	www.pioneerfishing.com
Skeena Salmon Lodge	250-638-1184	www.canada-flyfishing.com
Skeena Spey Riverside Wilderness and Lodge	604-905-9694	www.skeenaflyfishing.com
Spey Lodge	250-635-1514	www.speylodge.com
Z-Boat Lodge	250-638-7989	www.zboatbc.com

B&B's/Lodges

Hidden Acres Farm	250-631-2647	www.hiddenacrestreehouserestort.com
Lanfear Guest House	250-615-5440	www.dozzi.ca
Remo Ridge Bed and Breakfast	250-638-0989	www.remoridgebb.com
Shames Country Lodge	250-635-7978	www.snowharbour.com
The Wedgewood Guesthouse	250-641-9771	www.wedgewoodguesthouse.com
Waterlily Bay Resort	250-798-2267	www.waterlilybay.com
Yellow Cedar Lodge	250-638-7874	www.yellowcedarlodge.ca

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778-63H-EXPR (778-634-3977) or 1-800-315-2621

Hotels/Motels

HOTEL / MOTEL	CONTACT	# ROOMS	RESTAURANT	LAUNDRY	POOL	KITCHEN SUITES	WHEEL CHAIR ACCESS	FITNESS	PETS	MEETING FACILITIES	INTERNET
Bear Country Inn	4702 Lakelse Ave. 250-635-6302	57	X			X	X		X	X	X
Best Western Terrace Inn	4553 Greig Ave. 250-635-0083	68	X					X	X	X	X
Comfort Inn	5112 Hwy 16 W 250-635-6996	92	Breakfast Included	X	Hot Tub & Sauna	X	X	X	X	X	X
Copper River Motel	4113 Hwy 16 E 250-635-6124	15		X		X	X		X		X
Costa Lessa Motel	3867 Hwy 16 E 250-638-1885	35				X	X		X		X
Days Inn	4620 Lakelse Ave. 250-638-8141	58	X				X	X		X	X
Holiday Inn	3059 Hwy 16 East 778-634-3977	93	Breakfast Included	X	X		X	X	X	X	X
Kalum Motel	Hwy 16W 250-635-2362	33	X	X		X	X				X
Lodge at Skeena Landing	4055 Motz Road 250-638-0444	10/4 apt	X	X		X				X	X
Mumford's Lodge	5422 Hwy 16W 250-635-0811	19	X			X	X		X	X	X
Northern Motor Inn	3086 Hwy 16 E 800-663-3390	32	X	X			X		X	X	X
Rainbow Inn	5510 Hwy 16 W 250-635-6415	22				X	X		X		X
Reel Inn	5508 16 Hwy W 250-635-2362	8	X	X		X					X
Rest Inn Motel	4326 Lakelse Ave. 800-663-3123	26	Breakfast Included	X		X	X	X	X	X	X
Sandman Inn Terrace	4828 Hwy 16 W 250-635-9151	70	Denny's 24hr Restaurant		X	X	X	X	X	X	X
Sunshine Inn	4812 Hwy 16 W	106	X	X		X	X	X		X	X
Wild Duck Motel	5504 Hwy 16 W 250-638-1511	7 Motel 24 RV spaces		X		X	X		RV park only		X





TERRACE Accommodations & RV Park

Fully Renovated and Now Upgraded, Rest Inn is only 5 minutes drive from downtown, 10 minutes from airport and walking distance to the Casino.

- **24 hours** reception w friendly staff
- **Free** shuttle service from/to Airport
- Free Continental **breakfast**
- **Fitness** Centre
- Free **WiFi** throughout
- Business Centre
- Laundry Facilities
- Excellent Restaurants/Pub next door
- Weekly, monthly rates & Direct Billing Accounts available

- RV Sites with **Full Hook Up**
- 5 minutes from Town Centre
- Electricity in 30 & 50 amp.
- Sanitary dump Station
- Shared bathroom facilities
- Launderette on site
- Free **WiFi**
- Monthly rates available







Rest Inn - 4326 Lakelse Ave, Terrace, BC V8G 4V2 | RV Park - 4342 Lakelse Ave, Terrace, BC V8G 4V2
Phone: 250-635-7216, 1-800-663-3123 | info@restinnterrace.com | www.restinnterrace.com

Camping/RV Guide

NAME	CONTACT	SITES	POWER	SHOWERS	WATER HOOKUPS	WATER STATIONS	INTERNET	PICNIC AREA	EASY ACCESS	NATURE WALK/HIKE
Brauns Island RV Park	250-638-0908	52	X	X	X	X		X	X	
Copper River Motel & RV Park	888-652-7222	7	X	X	X	X	X		X	
Ferry Island	250-615-9657	103/25 powered	X	X		X		X	X	X
Hart Farm	250-638-5100	16						X		X
Kasiks Wilderness Resort	778-373-5660	28		X	X		X		X	X
Kleanza Creek	250 638-8490	32-36				X		X	X	X
Lakelse Lake Provincial Park	250-798-2466	156/16 powered	X	X		X		X	X	X
Lakelse River	N/A	4						X		
Nisga'a Park Campground	250-633-2733	16				X		X	X	X
Rainbow Inn Motel & RV Park	250-625-6415	14	X	X	X		X		X	
Redsands Lake	250-638-5100	21				X		X		X
Reel Inn RV Park/Kalum Motel	250-635-2362	14	X	X	X		X		X	
Rest Inn	250-635-7216	14	X	X	X		X		X	
Usk RV Park	250-615-2171	19	X	X	X		X	X	X	
Waterlily Bay	250-798-2267	28/6 powered	X	X	X	X		X	X	X
Wild Duck Motel & RV Park	866-638-1511	20	X	X	X		X	X	X	



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call no charge
1.800.488.1898

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Tips for RV Travellers

For more information contact the Terrace Visitor Centre
at 250-635-4944 or visit our website at
www.visitterrace.com

Camping

- ▶ See Camping/RV Guide (p. 47)

Sani-Dumps

- ▶ Terrace Visitor Information Centre (4511 Keith Avenue)
- ▶ Canadian Tire (Hwy 16 West)
- ▶ Shiny Hansens (Keith Avenue)
- ▶ Furlong Bay Campground, Lakelse Lake Provincial Park (Hwy 37 South)

Repairs/Parts

- ▶ Nor-Burd RV
- ▶ Sunset RV
- ▶ Neid Enterprises (trailers only)
- ▶ Ken's Marina (trailers only)

Potable Water

- ▶ Terrace Visitor Information Centre
- ▶ Ferry Island Municipal Campground
- ▶ Furlong Bay Provincial Park Campground
- ▶ Kleanza Creek Provincial Park Campground



Shopping & Dining

Terrace – the Northwest Hub for Shopping

As the 'Hub' of the Northwest, Terrace is home to great independent boutiques, shops and studios, as well as large recognizable stores. Find everything from clothing and footwear, from art to furniture, and from housewares to fishing tackle. The Skeena Mall is conveniently located downtown, with several smaller malls situated both downtown and along Highway 16.

Love Terrace

Planning your next shopping trip to Terrace? Want to try a new restaurant or café downtown? Be sure to check out loveTerrace.com – a neighbourhood based shop local campaign that encourages residents and visitors to shop at locally-owned, independent businesses.

Love Terrace features dozens of unique, eclectic businesses that call Terrace home. The website features first-rate photography and articles that capture the stories behind each entrepreneur and his or her business. Love Terrace is a partnership between the City of Terrace and Northern Development Initiative Trust to support local economic sustainability, diversification and revitalization. The site is part of the Love Northern BC movement, which features more than two dozen communities and 1,000 unique, independently owned businesses across northern BC. Together, they form the largest shop local campaign in Canada.

www.loveterrace.com | www.lovenorthernbc.com

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WWW.SHERWOODMOUNTAIN.BEER



Restaurant Guide

RESTAURANT	CONTACT	FINE DINING	CASUAL DINING	FAMILY FRIENDLY	LICENSED	WHEELCHAIR ACCESSIBLE	PATIO
A&W	4616 Keith Ave. 250-638-0100		X	X		X	X
Back Eddy Pub	4332 Lakelse Ave. 250-635-5336		X		X	X	
Bavarian Inn	4332 Lakelse Ave. 250-635-9161	X		X	X		
Bear Country Inn	4702 Lakelse Ave. 250-635-6302		X	X	X	X	
Beasley's Mix	4553 Greig Ave. 250-635-0083		X		X	X	
Bert's Deli	4603 Park Ave. 250-635-5440		X	X		X	
Blackstone's	4055 Motz Rd. 778-634-2999	X	X	X	X		X
Blue Fin Sushi Bar	4608 Lakelse Ave. 250-638-0057		X	X	X	X	X
Boston Pizza	4924 Hwy 16 W. 250-635-3443		X	X	X	X	X
Café Zesta	4087 Motz Road 250-635-3696		X	X	X	X	X
Cafenara	4716 Lazelle Ave. 250-638-1662		X	X	X	X	X
Chances Terrace	4410 Legion Ave. 250-635-2411		X		X	X	
Checker's Pizza	4550 Greig Ave. 250-635-0101		X	X		X	
Dairy Queen/Orange Julius	4643 Park Ave. 250-635-2561		X	X		X	
Delizioso	4554 Greig Ave. 250-635-0007	X	X	X	X	X	
Denny's	4828 Hwy 16 W. 250-635-2295		X	X	X	X	
Dominos	4717 Lakelse Ave. 778-634-3434		X	X		X	
Don Diego's	3212 Kalum St. 250-635-2307		X	X	X	X	
Elephant's Ear Bistro	4613 Lakelse Ave. 250-615-0444		X	X	X	X	
Flight Deck Restaurant & Lounge	4401 Bristol Road 250-635-4440		X	X	X	X	
Golden Star Asian Cuisine	4606 Lazelle Ave. 250-635-6767		X	X	X	X	X
Haryana's Restaurant	5522 Hwy 16 W. 250-635-2362		X	X	X	X	
Hot House (Northern Dhaba Hot House)	4728 Lazelle Ave. 250-615-5800		X	X	X	X	X
Kathleens Grill	4805 Hwy 16 W. 250-635-5395		X	X		X	X
KFC/Taco Bell	4750 Lakelse Ave. 250-635-3663		X	X		X	
Lucky Garden Chinese Restaurant	4660 Lakelse Ave. 250-638-8897		X	X	X	X	
McDonalds	4740 Lakelse Ave. 250-638-8830		X	X		X	X
Mr. Mikes Steakhouse & Bar	4736 Lakelse Ave. 250-635-3077		X	X	X	X	
Mumford's Pub	5430 Hwy 16 W. 250-635-1444		X		X	X	X
Ninja Japanese & Korean Cuisine	4605 Lakelse Ave. 778-634-2104		X	X	X	X	
No. 1 Catering & Restaurant	4707 Lakelse Ave. 250-635-0343		X	X		X	
Northern Motor Inn	3086 Hwy 16 E. 250-635-6375		X	X	X	X	
Pita Pit	4717 Lakelse Ave. 778-634-7482		X	X		X	
Pizza Hut	4665 Lazelle Ave. 250-638-8086		X	X	X	X	
Polly's Café	4913 Keith Ave. 250-638-1848		X	X	X	X	
Shan Yan Restaurant	4606 Greig Ave. 250-635-6184		X	X	X	X	
Skeena Valley Golf & Country Club	3525 Golf Course 250-635-2542		X	X	X	X	X
Sonbadas	4402 Lakelse Ave. 250-638-1503	X	X	X	X	X	
Starbucks	4655 Lakelse Ave. 250-635-7206		X	X		X	
Subway	4744 Lakelse Ave. 250-635-1994		X	X		X	
Thornhill Neighbourhood Pub	2387 Thornhill St. 250-638-8404		X		X	X	X
Tim Hortons	4603 Keith Ave. 250-638-8128 4568 Lakelse Ave. 250-635-2662		X	X		X	
Trishan	4702 Keith ave. 250-635-0548		X	X		X	
White Spot	4620 Lakelse Ave. 250-638-8141		X	X	X	X	
Wings Terrace	Skeena Mall, 4741 Lakelse Ave. 778-634-3888		X	X	X	X	
Xanders	4620 Lakelse Ave. 250-635-2800		X	X		X	

Skeena Valley Farmers' Market

The largest in Northern BC, the Skeena Valley Farmers Market is home to 70+ local vendors selling a diverse blend of home-crafted and home-grown. Find organic fruits and veggies, freshly baked bread and goodies as well as unique crafts and furniture. Food vendors offer several choices of ethnic fare including Filipino, East Indian, and Greek. Enjoy a cappuccino and a meal while listening to the many talented local musicians who play in the park at Spirit Square.

The market takes place every Saturday (9am – 1pm) from May to October in the heart of downtown Terrace on the

west end of George Little Park.

Tastes of Terrace

Foodies get set to tantalize your taste buds at one of our culinary gems. Terrace has many types of eateries to suite every taste. Enjoy ethnic dishes including East Indian, Chinese, Greek, Italian, Mexican and Japanese. Take a break at our many unique bistros and pubs, and be sure to sample the beer from our own local brewery, Sherwood Mountain Brew House. Grab a specialty coffee and snack from a variety of coffee shops.

In the summertime, soak in the mountain views and sip your favorite beverage on one of our great patios. Feed that sugar high with some fresh baked goods from one of the many local artisan bakeries or stop in at the popular

ice cream shop located on the Grand Trunk Pathway.

Celebrate the “Tastes of Terrace” in August during Riverboat Days, and take a delicious tour of Terrace’s diverse food and cultures. Participating local eateries, restaurants, bakeries and coffee shops offer sample fare to those on the tour.

If you are still not sure where to eat, check out the restaurant listing in this guide, or download the Northern BC



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4554 Greig Avenue, Terrace • 250-635-0007
info@deliziosores.com • www.deliziosores.com



SKEENA VALLEY Farmers Market

SATURDAYS
May 6th to Oct 28th, 2017
9 am to 1 pm

- ❖ 80 VENDORS
- ❖ IN-SEASON Fruit & vegetables
- ❖ CRAFTS for everyone
- ❖ HOT FOOD served fresh
- ❖ LIVE MUSIC entertainment

Follow the signs to the Farmers Market adjacent to George Little Park in Terrace.



Unique. Eclectic. Diverse.

Terrace is part of one of the most colourful, diverse and eclectic regions in Canada. The character of our area is largely shaped by the unique businesses and entrepreneurs that are at the heart of our vibrant community. Enjoy a true northern experience by discovering some of the locally owned, independent businesses that are here.

BE A DEER AND SUPPORT OUR LOCAL BUSINESSES

LOVETERRACE.COM

Arts & Music Scene

Terrace is alive with music, arts and culture! Talented local bands, independent musicians, dancers and actors, as well as out of town guests perform regularly in local theatres, halls, restaurants and coffee shops. Traditional First Nations dancers, musicians and artists often perform at community events.

Terrace Little Theatre

Terrace is home to BC's longest continuously running community theatre group. Terrace Little Theatre, a rich pool of talented musicians and artists, has a history of providing quality theatre to the community. Plan to catch a performance in their cozy venue, the McColl Playhouse.

Visit www.mytlt.ca for show times.

REM Lee Theatre

The R.E.M. Lee Theatre hosts a variety of performances throughout the year including professional dance productions and plays as well as out-of-town and local talent such as musical shows, guest speakers and comedians.

Visit www.remlee.ca for performance schedule.



Terrace Concert Society

The Terrace Concert Society hosts a variety of musicians and entertainers at the REM Lee Theatre, from September to March. Listen to the sounds ranging from jazz to folk, modern dance troupes to country.

Check out their Facebook page for concert listings; tickets available at George Little House and at the door.

Terrace Art Gallery

The Terrace Art Gallery is dedicated to community enrichment through the visual arts. It regularly exhibits contemporary and traditional works that cover an array of mediums including paintings, sculptures and photographs. The gallery is located in the lower level of the Terrace Public Library at George Little Park. You can also view the work of local artists at one of the businesses and public institutions around town that participate in the "Art Around Town" program. Currently, participating locations include: Bert's Delicatessen, Misty River Books, Terrace Interiors, Terrace Public Library, Terraceview Lodge, and Mills Office Productivity (SpeedDee Printers).

Visit www.terraceartgallery.com for more information, exhibitions, and events.

Freda Diesing School of Northwest Coast Art

Northwest Community College created the Freda Diesing School of Northwest Coast Art to honour, recognize and continue the legacy of Haida artist, Freda Diesing. She was a master carver, painter, tireless educator and champion of First Nations art and culture. The school brings all nations together in the pursuit of higher education and sets new standards for aspiring artists. It is the only school of its kind in Canada, focusing on traditional First Nations Pacific Northwest Coast art, with the view of developing skills into fine art. The program is instructed and mentored by world-renowned artists Dempsey Bob (Tahltan/Tlingit), Stan Bevan (Tahltan/Tlingit/Tsimshian), Ken McNeil (Tahltan/Tlingit/Nisga'a) and Dean Heron (Kaska/Tlingit). Students participate in several art shows throughout the school year.

Live Music

A variety of local musicians ranging from folk singers to choirs, hip hop artists to DJs and rock'n'rollers and country bands perform regularly at various venues around town. Try your hand at several venues feature open mic nights and karaoke nights.

What's Happening

Event Calendar

2017 Calendar of Events & Festivals

Most of the Year

- ▶ Skeena Valley Farmers' Market (May to October, Saturday mornings)
- ▶ Terrace Art Gallery Exhibits
- ▶ Terrace Concert Society (September to March)

January

- ▶ Kinsmen Kermodei Bear Swim (Lakelse Lake)

February

- ▶ 61st Annual Ladies Valentine Bonspiel (Terrace Curling Rink)

March

- ▶ BC Hockey's Tier 3 Midget Provincial Championship (Sportsplex)
- ▶ Founder's Day Celebration
- ▶ Men's Loggers Bonspiel (Terrace Curling Club)
- ▶ Terrace Peaks Gymnastics Club Annual Invitational Meet

April

- ▶ Pacific Northwest Music Festival
- ▶ Easter Egg Hunt (Heritage Park Museum)
- ▶ Terrace Business Expo (Sportsplex)
- ▶ NW Spirit of Wellness Expo

May

- ▶ Pacific Northwest Music Festival
- ▶ North Central Local Government Association Annual General Meeting and Convention
- ▶ Relay for Life (George Little Park)
- ▶ Northwest Innovation Challenge
- ▶ Terrace Whiskey Jack Archers Annual 3-D Competition (Rosswood)
- ▶ Mother's Day Motorcycle Run to Kitwanga/Smithers
- ▶ Early Years Family Fair

June

- ▶ Father's Day Show 'n' Shine (Heritage Park Museum)
- ▶ Father's Day Motorcycle Run to Hyder, Alaska
- ▶ St. Jean Baptiste Day Celebration (Heritage Park Museum)
- ▶ Kitsumkalum Annual SalmonRun

July

- ▶ Annual Canada Day Fire Fighters Pancake Breakfast (Terrace Fire Hall)
- ▶ Canada Day Celebration (Heritage Park Museum)
- ▶ Kitsumkalum Tempo Fish Derby

August

- ▶ Riverboat Days:
 - Riverboat Days Parade (downtown)
 - Concerts in the Park (George Little Park)
 - Beach Volleyball Tournament
 - Soccer and Softball Tournaments
 - Rotary Duck Race
 - Kermodei Tourism Backyard BBQ
 - Tastes of Terrace
 - Other Events
- ▶ Street Fair Medley (4600 Block Lakelse Avenue)
- ▶ BC Bike Ride North

September

- ▶ Skeena Valley Fall Fair (Thornhill Community Grounds)
- ▶ Lakelse Dragon Boat Regatta (Lakelse Lake)
- ▶ King of the Mountain Race
- ▶ Terry Fox Run

Contact Visit Terrace for more information on all events

October

- ▶ Oktoberfest
- ▶ Banff Mountain Film Festival World Tour (REM Lee Theatre)
- ▶ Hallowe'en Howl (Heritage Park Museum)

November

- ▶ Skeena Wild Film Festival
- ▶ Guns 'n Hoses Annual Charity Hockey Game (Sportsplex)
- ▶ Ten Thousand Villages Sale (Skeena Mall)
- ▶ Skeena Valley Farmers' Market Christmas Craft Show (Sportsplex)

December

- ▶ Festival of Lights (downtown)

RIVERBOAT DAYS

FRIDAY, AUGUST 4 TO
SUNDAY, AUGUST 13
TERRACE, BC



Starting the August long weekend, **Riverboat Days** is an entire week to appreciate the history, the culture and simply the unequaled natural setting around Terrace. **Riverboat Days** has grown to become the premiere community festival of northwestern British Columbia. Longstanding favourites such as the **Legion Parade**, the **Fireworks over Ferry Island** and **Concerts in the Park** are sure to please.



CATCH THE SPIRIT!!!

WWW.RIVERBOATDAYS.CA



The Annual Rotary Duck Race! Thousands of yellow rubber ducks are dropped into the Skeena River for a race. If the bright yellow duck bearing your number crosses the finish line first, you win! The fundraising event is noted for some pretty awesome prizes, and lots of fun

Visitors' Directory

WHERE TO STAY

Comfort Inn & Suites

5112 Hwy 16 West
Terrace, BC
V8G 5S6
250-635-6996

info@terracecomfortinn.com

www.TerraceComfortinn.com

Opening Fall 2016! Just 1km from town centre with 92 sparkling new, modern rooms including kitchenettes and extra-large king suites. Relax in the hot tub, steam sauna or work out in the 24-hour fitness centre. Get set for the day with our delicious complementary hot breakfast that includes local bread, bacon, sausages, eggs, waffles, fresh fruits and much more. On-site business centre and meeting rooms. Corporate shuttle bus service available to/from airport. Ample parking for large vehicles/boat/trailers.



Rest Inn Terrace

4326 Lakelse Avenue, Terrace, BC V8G 4V2
Tel: 250-635-7216 • Toll Free: 800-663-3123

info@restinnterrace.com • www.restinnterrace.com

(See ad page 46)



Rest Inn RV Park

4342 Lakelse Avenue, Terrace, BC V8G 4V2
Tel: 250-635-7216 • Toll Free: 800-663-3123

info@restinnterrace.com • www.restinnterrace.com

(See ad page 46)



Sandman Inn

4828 Hwy 16 W, Terrace, BC V8G 1L6

Tel: 250-635-9151 • Toll Free: 800-Sandman • www.sandmanhotels.com

The Sandman Inn Terrace is just three blocks from the town centre with 68 guest rooms including kitchenettes and junior executive suites. Relax in the indoor pool or take advantage of the fitness facilities and business centre. Featuring high-speed internet, complimentary parking and Denny's 24 hour Restaurant with room service.



The Wedgewood Guest House

5504 Hwy 16 W, Terrace, BC V8G 4R6

Tel: 250-638-1511

wildduck@telus.net • www.wilduckmotel-rv.com

The Wedgewood Guest House presents a touch of class by providing an extraordinary, upscale and completely private studio suite nestled within a 20 minute walk to downtown amenities. Continental breakfast included.



Wild Duck Motel & RV Park

5504 Hwy 16 W, Terrace, BC V8G 4R6

Tel: 250-638-1511

wildduck@telus.net • www.wilduckmotel-rv.com

Quiet, clean, modern, non-smoking guest rooms with free wireless. Kitchen units and coin operated laundry. Tent & big rig friendly, full service sites, open all year, park setting, free showers.



WHERE TO EAT

Boston Pizza

4924 Hwy 16 W, Terrace, BC V8G 1L8

Tel: 250-635-3443 • www.bostonpizza.com

Order online.



Café Zesta

4087 Motz Road (Skeena Landing), Terrace, BC V8G 2N1

Tel: 250-635-3696

Come and enjoy the view on Café Zesta's large patio while you indulge in the homemade paninis, daily soups & hot specials, delicious specialty coffees or a sinful dessert. For a hot breakfast on the go, Café Zesta is the place for your international source of flavours and catering needs.

Wings Tap & Grill

105-4741 Lakelse Avenue (in the Skeena Mall)

Tel: 778-634-3888 • terrace@greatwings.ca • www.greatwings.ca

WINGS is your spot for Fun Dining in Downtown Terrace. Catch your favourite sporting events on one of our 16 big screen TV's and indulge in a choice of 25 flavours of our BC fresh, never frozen, award-winning wings. Enjoy the best dining experience Terrace has to offer any day of the week at WINGS Terrace.



WHERE TO SHOP

Antiques, Artisans & Oddities

4626 Park Avenue, Terrace, BC

Tel: 250-631-9116 • debbie.letawski@telus.net

A shop for you to discover a treasure cove of items that will inspire your personal style; unique, eclectic & quirky; a collectors' dream. Hours: Tues-Sun 10am-4pm (See ad page 8)



Canadian Tire

5100 Hwy 16 W, Terrace, BC V8G 5S5

Tel: 250-635-7178 • Toll Free: 800-317-8473

Canadian Tire is your "one stop shop" for products and services in Terrace. We also have shipping available for our out of town customers. We can provide everything from camping gear to automotive parts; RV supplies to vehicle repair. Also visit our Garden Centre, the best in the Northwest!



Gemma's Gifts & Souvenirs

4627 Lakelse Avenue, Terrace, BC V8G 1P9

Tel: 250-635-4086 • Toll Free: 800-563-4362

gemma@citywest.ca • www.gemmasgift.com (FB icon) /[gemmasboutique](http://gemmasboutique.com)
(See ad page 15)



Kitsumkalum House of Sim-oi-Ghets

Hwy 16 West — 3 kms West of Terrace

Tel: 250-638-1629 • kitsumkalum@citywest.ca • www.kitsumkalum.bc.ca

First Nations art, jewelry and apparel: Manitoba Mukluks, Alano Edzerza, embroidery service. HOS proudly supports local artists, designers and surrounding community. Shop Local Today! Open 7 days a week.
(See ad page ii)

Misty River Books

#103 — 4710 Lazelle Avenue, Terrace, BC V8G 1T2

Tel: 250-635-4428 • Toll Free: 800-861-9716

info@mistyriverbooks.com • www.mistyriverbooks.com



Mountainside Gallery & Framing

Unit 11, Skeena Landing, 4065 Motz Road, Terrace, BC

Tel: 778-634-3860 • mountainsidegallery@gmail.com

www.mountainside-gallery.com

A local Art Gallery featuring northwest B.C. artists and products. Photography, Ceramics, Painting, Carving, Fabric & Fibre, First Nations artists, Consignment Art Original Works and limited edition signed prints available. SHIPPING AVAILABLE. OPEN TUES. — SAT. 10-4 P.M.



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www.sightsound.ca (FB icon) Sight & Sound Terrace

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COMMUNITY

Heritage Park Museum



4702 Kerby Avenue, Terrace, BC

Tel: 250-635-4546 • curator@heritageparkmuseum.com • www.heritageparkmuseum.com

Guided and self-guided tours showcasing regional history through a collection of authentic log buildings & local artifacts. Homesteading, telegraphs, firetrucks, mining, trapping, sternwheelers, & a heritage garden. Groups welcome.
(See ad page 8)

Terrace Riverboat Days

c/o George Little House, 3100 Kalum Street

Terrace, BC V8G 4L1

www.riverboatdays.ca

Visit Terrace during Riverboat Days and get a real sense of "pride of place". The combination of a unique, natural setting and distinctive First Nations and pioneer history give rise to this weeklong community festival. Whether it is music, sports or visual arts, all celebrate the history of the area and beauty of the Skeena River Valley.

(See ad page 55)

SERVICES

Kitsumkalum Tempo Gas Bar

Hwy 16 West — 3 kms West of Terrace, PO Box 544, Terrace, BC V8G 4B5

Tel: 250-635-0017 • kitsumkalum@citywest.ca • www.kitsumkalum.bc.ca

Full service gas station, touchless car wash, and convenience store. Gas, diesel, propane, and marine fuels. Check out the fishing and tackle accessories!

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Tel: 250-641-2365 (mobile)

250-635-3006 (office)

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www.spiritbearexpress.com

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A young child with blonde hair, wearing a pink hoodie and pink pants, is sliding down a blue slide. The slide is part of a wooden playground structure. The background shows a grassy area and some trees. The text 'Family Fun' is overlaid on the left side of the image.

Family Fun

Top Family Friendly Activities

- ▶ Take a stroll along the Grand Trunk Pathway (aka Millenium Pathway) and enjoy an ice cream at the Chill Ice Cream Shop
- ▶ Visit the totem poles and walk the interpretive trail down to Kitselas Canyon
- ▶ Swim at Lakelse Lake and walk through an old growth forest on the Twin Spruce Trail at Furlong Bay
- ▶ Search for carvings in the trees at Ferry Island
- ▶ Check out the forested rock canyon at Kleanza Creek and enjoy a picnic lunch
- ▶ Visit Heritage Park Museum and experience a glimpse of Terrace's early days
- ▶ Learn about the fish spawning process at Deep Creek and Howe Creek Fish Hatcheries
- ▶ Perfect some tricks at the skateboard park
- ▶ Ride your bike at the Terrace bike skills park
- ▶ Borrow a fishing rod from the Visitor Centre and try your luck on the Skeena River from Ferry Island
- ▶ On Saturday mornings, visit the Skeena Valley Farmers' Market at George Little Park
- ▶ On Monday evenings, visit the Model Train Museum on the Grand Trunk Pathway
- ▶ Bowl a few games at the Terrace Bowling Alley
- ▶ Catch the latest movie at the Tillicum Twin Theatre
- ▶ Read a book at the Terrace Public Library

Meeting & Sporting Centre

Host Your Next Meeting in Terrace

Consider Terrace for your next conference, AGM or meeting. Terrace is the 'hub' of Northwest BC, a natural meeting place for rivers, highways and people! Terrace offers exceptional value, outdoor recreation and the necessary amenities to host your event. There are several meeting facilities, all within a 15-minute drive from Terrace's regional airport. Terrace hosted the Minerals North Conference in 2013, attracting 1,000 registrants and 108 exhibitors, the largest Minerals North Conference ever held!

In addition, there are over 700 guest rooms to be found throughout the city, ranging from major hotel chains to cozy lodges and B&B's.

**Let us show you what northern hospitality is all about!
Contact Visit Terrace today to get started!**

Tournaments and Sporting Events

Terrace has played host to many levels of sporting competitions including provincial and regional championships. In 2010, Terrace hosted the BC Winter Games – the largest multi-sport event in Northwest BC's history. There were 1,100 athletes, 279 coaches, and 174 technical officials from around the province that came to Terrace to participate. A record number of 1,900 local volunteers helped to deliver this event. Terrace delivers great value, first class facilities and a passionate sport community.

Terrace proudly displays the Terrace is Hockeyville banner, an honour that the city received in the Kraft Canada's annual Hockeyville competition in 2009. As part of achieving the title, the Terrace Sportsplex received upgrades to our two ice rinks, and the Vancouver Canucks and New York Islanders played an exhibition game in the main arena!





Meet our Neighbours

b. broderick

To the North

Stewart — Cassiar Highway 37

The Stewart-Cassiar Highway will take you through some of the most spectacular scenery in North America. Towering mountains, glacier-fed lakes, and frequent wildlife viewings makes this drive an absolute must! Starting from Kitwanga, travel to Meziadin Junction, and take a side trip to Stewart on Highway 37A. Or continue driving north to Dease Lake. En route access two of Canada's largest parks – the Spatsizi Wilderness Park and Mount Edziza Park. Drive the road to Telegraph Creek – an extraordinary and breathtaking winding road through incredible river canyons and lava flows and visit the Tahltan community.

Kitwanga

Kitwanga, or Gitwagak (“place of rabbits”), the starting point of the Stewart Cassiar Highway, is at the junction of Highways 16 and 37 and the confluence of the Kitwanga and Skeena Rivers. Many carved cedar poles (some more than a century old) can be found here, as well as St. Paul's Anglican Church, built in 1893 and Gitwagak Battle Hill National Historic Site.

Gitanyow

Be sure to visit Gitanyow, or Kitwankool, a 15 km drive north of Kitwanga on Hwy 3 north. Designated as a National Historic Site in 1972, Gitanyow at one time had one of the largest number of original totem poles of any Coastal First Nation. Today, twenty of the original poles remain. Famous Canadian artist Emily Carr visited in 1928 and painted many of the village's poles. Magnificent poles, carving sheds and a graveyard contribute to the magical feeling of the site.

Stewart & Hyder, Alaska

At Meziadin Junction, take the turnoff to the town of Stewart. Known as Canada's northern-most ice-free port, Stewart is on the United States border, just minutes away from Hyder, Alaska. It is one of the only places in the world where you can see a glacier up close. In fact, as you travel along Highway 37A towards Stewart, you will be greeted by the Bear Glacier, on the side of the road. This picturesque town has been the site for many movies, and also features an estuary boardwalk with a spectacular view of the Portland Canal. Head over the border to Hyder, Alaska and visit the spectacular Salmon Glacier. You can also visit Fish Creek to view grizzly bears feast on salmon – don't worry, you will be safe on the viewing platform! And don't forget to get “hyderized” (one strong shot of liquor) at the only bar in Hyder.

To the East

► www.tourismsmithers.com • www.hazeltontourism.ca

Hazeltons

Monolithic mountain peaks meet the sky. Located under 2 hrs or 142 km east of Terrace, the Hazeltons are a gateway to magnificent scenery including the 1000 metre walls of the rugged Rocher de Boule range.

Smithers

Two and half hours or 206 km east of Terrace lies the quaint alpine community of Smithers. Set in the Bulkley Valley at the foot of Hudson Bay Mountain, the town flourishes with rural warmth and hospitality. Just east of Smithers is Telkwa, nestled on the banks of the Bulkley and Telkwa Rivers, the charming historical village borders Tyhee Lake Provincial Park.

To the South

► www.tourismkitimat.ca

Kitimat

is located just 60 km south of Terrace and is an outdoor paradise and playground all year round.

Their unique location at the head of the Douglas Channel makes it a sport fisher's paradise with access to salt and fresh water fishing within minutes of down town. Fish the mouth of the Kitimat River in a jet boat, fish the length of the river in a drift boat or drive to a secluded hot spot along the river. The Douglas Channel offers great opportunities for salt water fishing for halibut, salmon, shrimp and crab. Done fishing, try another activity.

To fully experience the beauty and majesty of British Columbia's inland coast, plan a kayaking trip on the Douglas Channel. Offering incredible scenery, wildlife viewing opportunities and awe-inspiring serenity, your trip to Kitimat to kayak the Channel will be a rewarding one.

Amble along family-friendly hiking trails surrounded by lush vegetation of the rain forest, to tackling the higher altitudes of adventurous alpine hiking, Kitimat has plenty to offer, whether on foot, ATV or snowmobile.

To the West

► www.tourismprincerupert.com

Prince Rupert

You haven't seen true natural beauty until you've taken the drive from Terrace to Prince Rupert, one of the most memorable on the planet. Taking just over an hour and a half, this 147 km journey winds along the banks of the mighty Skeena River through lush mountains drizzling with waterfalls in the spring, dazzling with snow in the winter, and covered with green fauna and flowers in the summer.

The ocean town of Prince Rupert is an old fishing village set with funky old homes on curving streets. Stroll the docks to check out the fishing vessels and crews, buy fresh seafood and souvenirs in the quaint tourist area, Cow Bay.

Don't forget your camera as the views of the Kitimat Valley and Douglas Channel are spectacular. A chance to observe wildlife, big and small, will present itself when you least expect it!

Stop by the Sam Lindsay Aquatic Centre where you can soak in the hot tub, enjoy the water park, lazy river and water slide. Browse through the Kitimat Museum and get a feel of how Kitimat came to be with the development of the Alcan Smelter.

But before you leave, take a selfie next to the Giant Spruce Tree, British Columbia's largest living Sitka Spruce tree and the oldest known living organism in the Kitimat Valley. It only takes one visit to get hooked.

Kitimaat Village is also a great area to discover rich cultural history, ocean views, the beautiful marina, hidden Totem Poles and a visit to a world renowned Haisla master carver.

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