

## ACE-WIL Virtual Town Hall Support Strategies

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Helena Prins

BCcampus

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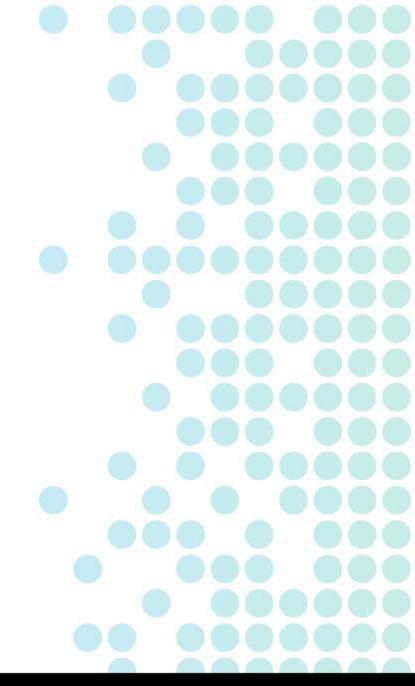
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Association for Co-operative Education and Work-Integrated Learning

**BC/Yukon** 



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Since time immemorial, the salilwata? tamax (Tsleil-Waututh), Skwxwú7mesh-ulh Temíxw (Squamish), x<sup>w</sup>məθk<sup>w</sup>əyəm (Musqueam), WSÁNEĆ (Saanich), and the Esquimalt and Songhees Nations of the Lakwanan (Lekwungen) Peoples have walked gently on the unceded territories where we are grateful to live, work, and play. We are committed to building relationships with the first peoples here, based in honour and respect, and we thank them for their hospitality.

#### A few tips and tools for the session

## •We'll be using:

- •Zoom chat everyone can share ideas, questions and links
- Breakout room conversations and chat will not be recorded

#### Agenda

- Update from ACE-WIL
- PD Event: Six Tools for Diversity in WIL
- Student Panel
  - Harper Friedman
  - Katheryna (Kat) Khong
  - Vasundhara Seli
  - Emily Jackson
- Breakout Session
- Ergonomics Carol Yin
- BCcampus events to support students and staff

## **ACE-WIL Update**

- Employer survey results
- November 17<sup>th</sup> Town Hall: Provincial projects update – stay tuned for details!
- December Town Hall: Update on BC WIL Council Employer/Community Partner survey results – stay tuned for details!
- Upcoming employer events: Check out the ACE-WIL Website: <u>https://co-op.bc.ca/</u>

The ACE-WIL Research Committee is pleased to announce a *virtual* Professional Development event:

## Six Tools for Diversity in WIL

#### Supporting Employers to Attract, Hire and Onboard Students from International Pathways

This 90-minute virtual professional development session will present a set of six tools to support diversity in WIL and will share a research-driven approach for WIL practitioners to support employers in attracting, hiring, and onboarding students from international pathways. Participants will interact with the tools, developed by the ACE-WIL Research Committee, and will learn more about what employers have told us about hiring students from international pathways.

#### Wednesday, December 9<sup>th</sup> 2020 10:30AM-12:00PM

Further details and registration coming soon to your inbox. Scan the QR code on the right to register now!



#### **Upcoming webinar series for workplaces**

Info and registration: <u>https://co-op.bc.ca/employer-events/</u>

#### **NOVEMBER 26 - 12-1**

How BC businesses are using students to help them remain vital during the recovery



#### **JANUARY 14 - 12-1**

Opportunities for healthcare sector organizations looking to add student talent





Share with your workplace contacts – particularly those who are on the fence about WIL!

online school isn't about learning anymore, it's all about just doing what we can to pass. our grades are getting lower, we're all loosing motivation. staring at the screen for about 8+ hours and the amount of homework we're getting is so much to the point where we all just wanna give up.

Let's dive in! What are students saying? What are the challenges they are facing?

Harper Friedman

Katheryna (Kat) Khong

Vasundhara Seli

**Emily Jackson** 

Mechanical Engineering Student 4 days ago

#### **Student Support**

Recorded and posted lectures



- Made due dates easy to find and mentioned them often
- Made supplementary materials available but not mandatory
- Created space outside of Zoom office hours
- Encouraged but didn't force participation
- Was understanding and empathetic

#### **Students would like to receive:**

- Emotional support (from gov/institutions/faculty)
  - Can look like leniency with assignments or providing a safe environment for conversation
  - Create opportunity to let students work through what might be preventing them from doing better
  - Compassion (understand that not everyone is comfortable with the situation)
- Mentor from university/same field/industry
  - Allows connection and to be able to receive advice from people in the industry

## Highlights – International Student Concerns

- Tons of job opportunity but need more guidance on how to tap into our potential when it comes to recruiters.
- Making them familiar with Canadian work environment as to what makes it different from their home country environment.
- Also, making students familiar with organisations by telling them about job opportunities beyond the alumni network.
- Post COVID -19, helping students identifying new set of skills that will help them in job search and hiring.
- An in-depth learning into field-work related assignments.
- Helping students pitch themselves in organisations where they wish to work.
- More networking events for students where they get to meet recruiters from different industries.

Vasundhara Seli

#### Student experience of online learning

- Lack of social outlets (with friends, going out, etc.)
- Familial stress if living with them
- No separation between home and school
- State of the world politically what will 2021 even look like?
- New & unfamiliar learning platforms (Brightspace, Crowdmark, etc.)

#### How co-op and WIL offices can support students

- Be flexible with missed or late assignments if possible
- Offer virtual office hours, or the ability to schedule them
- Make due-dates and materials easy to locate far in advance of when they are needed
- Do not force cameras to be on during class if possible, sometimes this is the time we have to eat, make a coffee, etc.

# Breakout Session- Reflection on the Student Panel

- What strategies are you already using?
- What strategies do you want to try?
- Any additional strategies?

#### Support Strategies: Ergonomics Carol Yin

#### Carol Yin (She/Her)

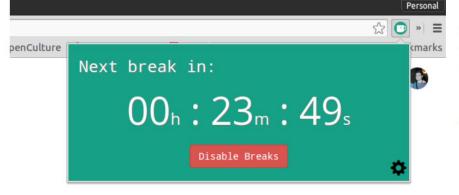
BSc. Major in Kinesiology Concentration in Active Health and Rehabilitation Certificate in Occupational Ergonomics



Creative Ways to Apply Ergonomic Principles Working at Home

#### **Microbreaks**

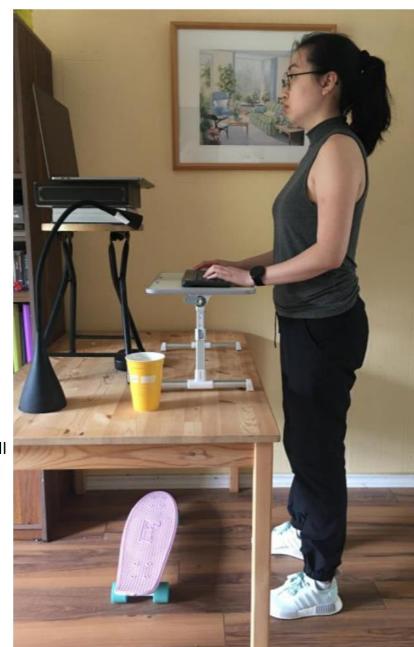
- 1. Take stretch breaks every 25-30 minutes for ~2 minutes
- 2. Follow the 20-20-20 rule to rest your eyes
  - Every 20 minutes, look at objects 20 yards away, for 20 seconds



Google Chrome has a great extension you can install that lets you know when you should take your next break

<u>Link to extension here.</u>  $\rightarrow$ 







#### BCcampus Events to Consider

- Mindful Mondays 9:30am Students, Faculty & Staff
- Thriving Beyond Campuses: Wellbeing in Learning Environments, a dialogue series connecting B.C. Post-Secondary Schools. Nov 10, 4pm – 6pm
- Studio20 ENGAGING LEARNERS ONLINE -Studio20 will explore the art of engaging learners online and will feature keynotes and facilitators focussing on the themes of vision, voice, and active learning. – Nov 17 to 19

## Wrap up

- Upcoming meetings
  - ACE-WIL Town Hall: November 17th
- Upcoming WIL events to share with your employer/partner contacts
  - November 26, for workplace partners and practitioners
  - See our website for more details
- Professional Development
  - Six Tools for Diversity in WIL: <u>Wednesday, December</u> <u>9<sup>th</sup> 10:30AM-12:00PM</u>
- Check out the BCcampus calendar for more great PD opportunities



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# Thank you everyone!

