

**WELCOME!**

**While you wait, annotate!**

- 1. Click on view options at the top of your screen.**
- 2. Click on "Annotate".**
- 3. Click on the "T" to type or "draw" to colour.**
- 4. Ask for help in the chat**



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# FLO FRIDAY - Ice Breakers

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Since time immemorial, the səliłwətaʔt təməx<sup>w</sup> (Tsleil-Waututh), Skwxwú7mesh-ulh Temíxw (Squamish), x<sup>w</sup>məθk<sup>w</sup>əyəm (Musqueam), WSÁNEĆ (Saanich), and the Esquimalt and Songhees Nations of the Lək<sup>w</sup>əŋən (Lekwungen) Peoples have walked gently on the unceded territories where we are grateful to live, work, and play. We are committed to building relationships with the first peoples here, based in honour and respect, and we thank them for their hospitality.

- Welcome!
- Answer Garden
- Definition
- Visual Ice Breakers
- Debrief
- Purpose of Icebreakers
- Risks & Considerations for Icebreakers
- Breakouts
- Poll and Discussion
- #Hashtag

# Agenda



# WHAT IS THE PURPOSE OF AN ICE-BREAKER?

<https://answergarden.ch/2285061>

ice break ·er  
/ɪs/ /'brākər/

**Noun**

- **1** : a ship equipped (as with a reinforced bow) to make and maintain a channel through ice
- **2** : something that is done or said to get through the first difficulties in starting a conversation or discussion

(Merriam-Webster)

Three overarching benefits to using ice breakers:

- **Community** – finding commonalities as a bridge for further collaboration
- **Interaction** – using laughter or dialogue to usher people into a 'stretch zone'
- **Empathy** – understanding positionality and others POV

Heathfield, S. (2020). What Is an Icebreaker?. Retrieved 17 January 2022, from <https://www.thebalancecareers.com/what-is-an-ice-breaker-1918156>

ice break ·er  
/ɪs/ /'brākər/

# VISUAL ICE BREAKERS

Using Annotation  
or the Chat  
function

PICK YOUR  
CHAIR AND  
GET READY!



shutterstock.com - 263506352

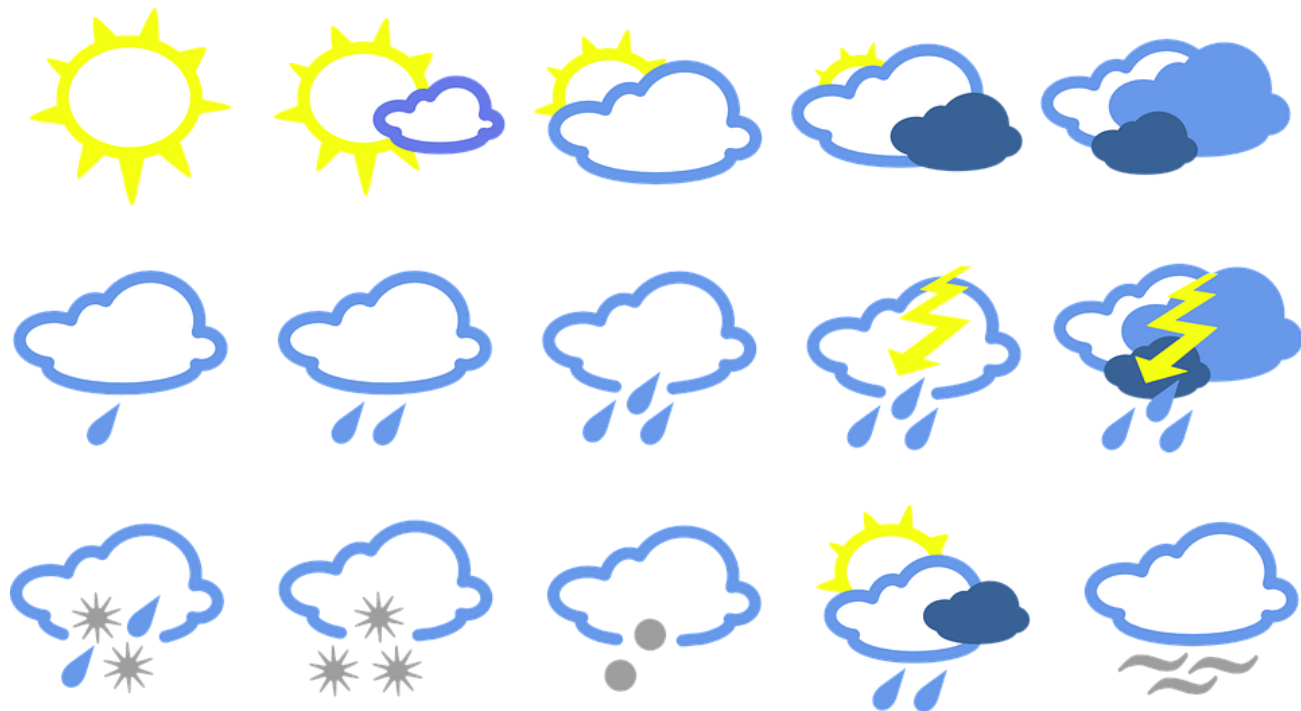


WHAT'S  
OUTSIDE  
YOUR  
WINDOW!?



# ENGAGE YOUR SENSES

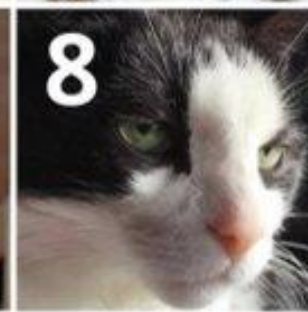
Image source: [Clipart Library](#)  
Slide by Dr. Lauren Halcomb-  
Smith



# CHECKING IN: WHAT'S YOUR PERSONAL WEATHER STATUS?

Image source: [Clipart Library](#)  
Slide by Dr. Lauren Halcomb-  
Smith

How are you feeling today on a scale of dogs or cats?





DEBRIEF

# Purpose of Ice-Breakers



‘Warming Up’



Building rapport



Establishing  
Community

# Risks & Considerations



SENSITIVITY



OPEN-  
ENDED



LOW  
BARRIER



DURATION



ANONYMITY

# BREAKOUTS

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In your assigned groups, you have **10 minutes** to...

1) Introduce yourself to your peer's using alliteration.

i.e. ambitious  
alexander

2) Choose your favourite icebreaker on our Dotstorming page!?

We will use this selection for one final exercise with the group!



# DOTSTORMING



#HASHTAG