



BCcampus

Supporting Survivors

A Workshop for Facilitators

Facilitator: Matty Hillman

Date: March 23, 2022

Territorial Acknowledgment

Selkirk College acknowledges our respect for and deep gratitude to the First Nations of the West Kootenay and Boundary regions: the Sinixt (Lakes), the Syilx (Okanagan), the Ktunaxa, and the Secwepemc (Shuswap) peoples on whose traditional territories we are honoured to operate.

Agenda

Introductions

Project background

Navigating the resource

Content & Activities

Takeaways

Q & A

Matty Hillman

Instructor.

Trainer.

Father.

Artist.



Checking in with yourself

Know your supports

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Project Background

Identified need for specific trainings

Community and academic based working group

Open Education Resource

Based on principals: **Evidence-based, Trauma-informed, Intersectional, Gender-inclusive, Decolonial, Accessible, Culturally located and Survivor Centred.**

<p>Learning Outcomes</p>	<p>At the end of this workshop, learners will be able to:</p> <ul style="list-style-type: none"> • List programs, resources, and other supports for survivors, both on- and off-campus • Discuss the impacts of trauma, including how it affects a survivor's decision to disclose • Use responding-to-disclosure skills: Listen, Believe, Support • Identify barriers to disclosure for survivors
<p>Audience</p>	<p>This training is suitable and recommended for all members of the campus community: students, faculty, administrators and staff. The suggested minimum number of learners is 6 and the suggested maximum is 40.</p>
<p>Duration</p>	<p>Approximately 90 minutes.</p>
<p>Knowledge and Skills</p>	<p>Learners receive information on a variety of topics including: consent, sexual violence terminology, root causes of sexual violence, impacts and reactions of sexual violence-based trauma, and how to respond to disclosures. Learners have the opportunity to practice a variety of interpersonal skills including active listening, validating, and self-care.</p>

Navigating the Resource

- Facilitation Guide:
<https://bccampus.ca/projects/wellness/preventing-sexual-violence/>
- PowerPoint Slide Deck (Page 17)
- Handouts (Wellness Wheel, Support Services)

Recruitment

- Marketing
- Difficult to reach groups. Mandate?
- Incentivize
- Ideal times of the year to offer
- Link to other trainings (asynchronous)

Facilitators

- Co-facilitation: diverse and mixed genders
- Student facilitators
- Support staff (i.e., counsellors) on call
- Training facilitators

Questions

- What feels comfortable with delivery?
- What feels uncomfortable with delivery?
- Who might you seek support from as a facilitator?
- How and where might you adapt this training to your institution?

Thank you for participating!

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