**Transcript of Thrivival: The Fire Within  
10. Research Themes: Conditions for Thrivival  
Project Lead and Speaker: Heather Simpson**

HEATHER SIMPSON:

Research Themes: Conditions for Thrivival.

Creating the conditions for protection, preservation, and flourishing of the fire within can and does mean different things for different relatives. For the participants in this project, the collective storied experience highlights four overarching and interconnected themes that contextualize the suffocation or the Thrivival of their fire within: Self-Identity, Time, Balance, and Community.