

You've got what you need!

A coach approach to your teaching and facilitation

STUDIO23 (November 2023)

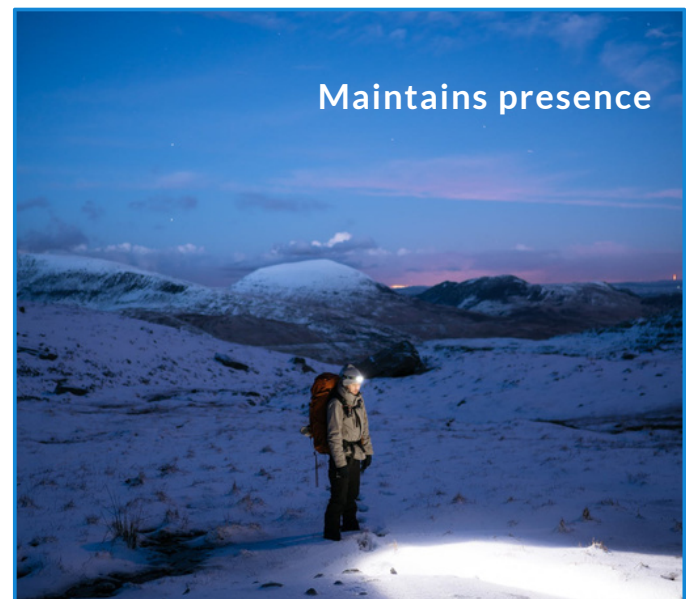
My intention

My intention in this lightning talk was to highlight that you *already* take a coach approach to your teaching and facilitation. In doing so, I also wanted to encourage you to appreciate yourself for what you're *already* doing!

I framed the session using six of the eight core coaching competencies laid out by the International Coaching Federation.

Drawing parallels to the essential items I carry in my hiking backpack, I (literally) unpacked my pack and made connections to the coaching competencies. The images below were part of my presentation slides.

Coaching competencies



ICF coaching competencies: <https://coachingfederation.org/credentials-and-standards/core-competencies>

Photo credits: Pexels

Cultivates trust
and safety



Listens
actively



Evokes awareness



Facilitates growth

Here's the pack I used in the
lightning talk 😊



About me: I am an educational
developer at the Centre for
Teaching, Learning and
Technology (UBC) and a
Professional Certified Coach
with the International Coaching
Federation. I support people in
having joyful and meaningful
careers.
Connect with me on [LinkedIn](#)



Permissions: This handout is Creative Commons licensed CC BY-NC-SA
(Attribution-Noncommercial-ShareAlike). Please attribute to Isabeau Iqbal, PhD.